

# The Bond

Connecting Kappa Epsilon members • Winter 2014



A publication of  
Kappa Epsilon Fraternity, Inc.

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The mission of Kappa

Epsilon is to empower

its members to achieve

personal and professional

fulfillment by developing

their confidence, self-esteem,

interpersonal skills, and leadership

vision, and to represent the interest

of the membership to health

care professionals and the

community at large.



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## NATIONAL CONVENTION RE-CAP



On July 17, 2013, Kappa Epsilon collegiates, advisors, and alumni traveled to Richmond, Virginia for the 49th National Convention. The collegiates at Tau Chapter at the Virginia Commonwealth University School of Pharmacy were our gracious hosts. That evening, we gathered at the Richmond Marriott for our welcome dinner with genuine Southern Hospitality and Virginia comfort foods. Grand President, Erika Ditmarr, welcomed us all and we introduced ourselves with some ice-breaking activities organized by Grand Council. The evening ended early for our guests who have traveled far, as the next full day of convention was surely to be jam-packed with activities.

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KE embraces the motto of the Commonwealth of Virginia with this year's convention t-shirt.





## ... NATIONAL CONVENTION RE-CAP

On the first official day of Convention, our breakfast was combined with a motivational workshop with speaker, Leslie Stein, author of *Penny Perspective*. After our first business session, Leslie joined us again for lunch to explain the DiSC model in leadership styles. While collegiates had a recruitment workshop, our alumni enjoyed a tea social to catch up on the last biennium. A memorial service was held to honor the lives of Kappa Epsilon members that were lost

in the past two years.

In honor of Kappa Epsilon's work with Breast Cancer Awareness, the host chapter held a "Think Pink" dinner and asked all convention attendees to wear pink. The Dean of the VCU School of Pharmacy, Dr. Victor Yanchick addressed the fraternity to commend our work both nationally and Tau chapter's local effort. He fit right in with KE by mentioning his familiarity with Zada Cooper—through his history books. In honor of Dr. Amy Rudenko,



Leslie Stein, author of *Penny Perspective* motivational speaker led a workshop and leadership class.



Alumna Dr. Kathy Nguyen, Vice President Anna Wu, President Tina Lowe, and Faculty Advisor Dr. Emily Peron led a service event for VCUHS patients after dinner.

alumni of Tau Chapter, and faculty member at VCU, the members of Tau led a service project to provide comfort pillows, boo-boo bunnies, and care bags for the Massey Cancer Center and the Richmond Children's Hospital. It was a great way to combine the service and social aspects of Kappa Epsilon Fraternity. Dr. Rudenko recently lost a very short battle with breast cancer and is survived by her husband and her children, ages 4 years old and 9 months old.

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## ... NATIONAL CONVENTION RE-CAP

Day 3 of Convention started with a CE breakfast with Dr. Brigitte Sicat, faculty at VCU School of Pharmacy on Anti-hyperglycemic Clinical Pearls. After our second business session, the Kappa Epsilon foundation held a luncheon where alumni discussed and shared their careers in different parts of pharmacy. After more workshops, off-site excursions were planned for all convention attendees. We had the options to go on a canal cruise with dinner in historic Shockoe Slip, a tour of Virginia's State Capitol with dinner in Short Pump Town Center, or a tour of a historic Civil War hospital with dinner in Carytown. The excursions were an excellent way of sharing the City of Richmond's history and modernity with the fraternity members.

The last day of convention kicked off with another CE breakfast by LeAnne Kennedy on Breast Cancer. The final business session ended with a rededication ceremony to renew our commitment to Kappa Epsilon Fraternity. After some free time to enjoy more of Richmond, attendees re-convened at the Richmond Marriott for a group photo. A social hour preceded the Awards Banquet. Our new Grand Council officers were installed at the end of the evening.

We hope all of our attendees enjoyed the Convention as much as we did. We hope to see you soon at the Kappa Epsilon booth at APhA and ASHP Conventions, as well as our next National Convention in Orlando, Florida!



Past Presidents Dr. Elizabeth Kort and Dr. Sara Seng  
enjoy a cruise of the Richmond canal.



## KE HISTORY TIDBITS

**Metta Lou Henderson, Sigma Past President**

### KE'S AND THE AMERICAN PHARMACIST ASSOCIATION

In 1980, KE's held three major offices in APhA. Mary Munson Runge (Honorary) was the first woman and first African-American to serve as President. Marjorie Moburg Coghill (Gamma) became the first woman to serve as Honorary President. Lucinda Maine (Phi) was the president of Student APhA (now ASP). A special luncheon was held in their honor during that meeting in Washington DC.

To date, five of the women who has served as APhA President are KE's and include Mary Runge (Honorary), Marily Harper Rhudy (Honorary), Winnie Landis (Pi), Marialice Bennett (Epsilon) and Jenelle Sobotka (Gamma). Honorary Presidents were Marjorie Coghill (Gamma), Gloria Niemeyer Francke (Pi), Joy Donelson (Alpha Mu), Mary Louise Andersen (Omicron) and Hazel Pipkin (Xi). KE's have served in numerous other leadership positions but the list is too long to be included in the tidbit.

### KE AND THE AMERICAN SOCIETY OF HOSPITAL PHARMACISTS

KE's were very involved in the founding of the American Society of Hospital Pharmacists (now the American Society of Health-Care System Pharmacists). The organization really began as the APhA Sub-Section of Hospital Pharmacists in 1936. The ASHP was approved by the APhA Council to be affiliate on August 12, 1942. The Inaugural meeting of ASHP was held during the 1943 APhA Annual Meeting.

One-hundred-fifty-three individuals are recognized as Charter members, including 66 women. Thirty-one Catholic Sisters are listed as charter members. Seven KE's are included in this charter list. There may have been more but we have been unable to document other women as KE's primarily due to married names. A number of the seven have also served KE in some capability. Jennie M. Banning (Beta) served as KE Grand Vice President from 1929-1931. Marjorie Moburg Coghill (Gamma) served as KE President 1947-1955. Eleanor Zmudzinski (Eta) served as KE Grand Council member from 1947-1951. The other four include Ann Picchioni

Godley (Delta), Alice Lucile Ritchie (Epsilon) and Hazel E. Landeen (Delta) who served as the first vice chairman of ASHP. Evelyn Gray Scott (Epsilon) served as chairman of numerous ASHP committees and received the Harvey A.K. Whitney Award in 1954.

### Marjorie Moburg Coghill: A KE Legend

Marjorie graduated from the University of Iowa in 1939 where she became a member of Gamma Chapter. Under the mentorship of Zada Cooper, she became very active in KE and the American Pharmaceutical Association (now American Pharmacists Association). Her extensive service to KE included serving as president from 1947-1955 and editor of THE BOND 1955-1959. Marjorie was grand secretary from 1959-1961 when the office was still under a volunteer KE. She served as extension chairman (new chapters), alumnae secretary (before it became vice president alumnae) and historian. Marjorie established our national history files and is the author of the 50 year history of KE (1971). In 1951, she was the co-author of the KE brochure "Women in Pharmacy." This was the first of the KE publications to recruit women in pharmacy.

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## ... KE HISTORY TIDBITS

Marjorie was a hospital pharmacist for a number of years and was one of the charter members of the American Society of Hospital Pharmacists (now the American Society of Health-Care System Pharmacists). From 1960 to 1965, she worked for APhA on a volunteer basis serving as special assistant to APhA's division of communications concentrating her activities on a recruitment program giving approximately 7000 hours to APhA, all without a salary. Marjorie would begin to collect information on women pharmacists and their activities. In 1980, she was elected honorary president of APhA, the first woman to serve in that capacity.

KE honored Marjorie several times. In 1961, she received the Keg of Excellence. When she "retired" the 1965 KE Breakfast at the APhA annual meeting honored her. KE established the annual Marjorie Coghill Award at the University of Iowa in 1971 but the award was discontinued when Gamma Chapter became inactive.

*Unfortunately, Marjorie is no longer with us but her spirit continues.*



## KE'S BREAST CANCER EVENTS ACROSS THE COUNTRY

Contributions from Danielle Moore (Beta Iota, '15), Christine Kane (Pi, '15), Morgan Greutman (Alpha Beta), and Cassandra Miller (Beta Zeta)

October is a busy month for Kappa Epsilon Fraternity. Not only is it American Pharmacist Month, it is also Breast Cancer Awareness Month. Around the country, collegiate members are helping their communities in breast cancer awareness activities, and supporting and spreading awareness in various service projects.

Beta Iota at the LECOM Bradenton Pharmacy School participated in the Making Strides 5K by selling "Team LECOM" shirts. They had over 100 people attend and raised over \$2000 for American Cancer Society. They used Facebook to promote the team and to advertise to their friends and family.

Pi Chapter at Purdue University also participated in ACS's Making Strides Against Breast Cancer. The chapter hosted a Water Gun Run 5K to raise funds for the team and partnered with

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Making Strides in 2013. Beta Iota chapter.





Psi and Beta Zeta Chapters team up for their local Susan G. Komen event.

their faculty to allow fellow students to dress down on lab days if they make a donation. A seminar with a PGY2 hematology/oncology resident was also held to educate pharmacy students on cancer from a pharmacist's point of view.

Beta Alpha Chapter at the Southwest Oklahoma State University hosted their annual Breast Cancer Awareness dinner this fall. 17 Breast Cancer survivors from their community attended, included speaker Marleah Drew, who is a three-year survivor and a retired RN. All of the ladies were served a wonderful mexican feast including enchiladas, tacos, and nacho bar. Raffle prizes

## ... KE's Breast Cancer Events Across the Country

were given at the end of the event, including a pink gardening set. It was such an inspirational night and the breast cancer survivors really enjoyed the event.

In the spirit of fraternity, Psi Chapter at Ohio Northern University and Beta Zeta Chapter at Findlay University teamed up for the Susan G. Komen Race for the Cure in Findlay, Ohio.

Great job promoting our national project, KE!



Pi Chapter shows their KE pride at Making Strides.



Beta Alpha members host their annual Breast Cancer Awareness breakfast with Breast Cancer survivors.



## NOMINATE YOUR COLLEAGUES FOR THESE PRESTIGIOUS AWARDS

### KE/MERCK VANGUARD LEADERSHIP AWARD

Awarded to an exemplary alumnus who has contributed both professionally and within their community.

**Nominations due October 15th annually**

### CAREER ACHIEVEMENT AWARD

Active alumnus member noted for their professional accomplishments.

**Nominations due October 15th annually**

### LINDA RODGERS MEMORIAL AWARD

Honors a KE member who exemplifies Linda's characteristics of leadership, dedication, diplomacy, friendship, and inspiration to others. \$200 award.

**Nominations due May 15th in odd years (Alumni)**

**Nominations due May 15th in even years (Collegiate)**

### ZADA COOPER SCHOLARSHIPS

Recognizes superior achievement and is presented annually to active collegiate members. \$750 scholarship awarded.

**Applications due November 15th annually**

### KE/AFPE NELLIE WAKEMAN FELLOWSHIP

Monetary award used to encourage members to pursue an advanced degree in a college of pharmacy graduate program. \$7500 award.

**Applications due February 1st annually**

### FOUNDATION GRANTS

Provides members and chapters with incentive money for innovative educational projects in the profession of pharmacy.

**May apply anytime!**



### GIVE TO KE TODAY

In a continuing effort to provide financial stability and perpetual support for Kappa Epsilon Fraternity and the Kappa Epsilon Foundation, please consider making a donation to one or both of these entities. Let us speak with one voice, in strategy and purpose, and share our resources to promote the future of Kappa Epsilon.

My gift to the Fraternity is \$ \_\_\_\_\_ My gift to the Foundation is \$ \_\_\_\_\_  
Gifts to the Foundation are tax-deductible.

**Please make checks payable to Kappa Epsilon Fraternity and/or Kappa Epsilon Foundation. or pay by credit card:**

Mastercard/Visa #: \_\_\_\_\_ Exp: \_\_\_\_\_

Name: \_\_\_\_\_

Street, City, State, Zip: \_\_\_\_\_

**Send form to:** Kappa Epsilon, 7700 Shawnee Mission Pkwy, #201  
Overland Park, KS 66202

You may also pay via Pay Pal at [www.kappaepsilon.org](http://www.kappaepsilon.org)



## CHAPTER UPDATES - ALPHA



The **Alpha chapter** of Kappa Epsilon has been busy this school year with recruiting, fundraising and getting involved with our college of pharmacy and our community. This year represents a pivotal year for the Alpha chapter as we are focusing on increasing membership, restructuring our chapter to foster leadership, as well as to promote Kappa Epsilon ideals in all our events and increasing our chapter's involvement in our school and community.

The Alpha chapter kicked off the school year with an excellent recruitment period resulting in a 400% membership increase from 3 collegiate members to 12 collegiate members! Also, we had a very successful chapter fundraiser,

which greatly built up our monetary resources to be able to implement a number of events and activities for this school year as well as save money for sending our chapter delegates to the next KE national convention!

Our chapter has started implementing several events for this school with the goal to have a specific focus for each month of the school year. However, for the month of October we had two focuses: Breast Cancer Awareness and American Pharmacist Month! We started with raising money for breast cancer awareness through selling breast cancer t-shirts, bracelets, and pins. With the money raised from these sales, we were able to make a donation to the Young Survival's Coalition and Making Strides, as well as use the money to make several gift bags to give to breast cancer patients at a local oncology clinic. We also are hosting a toxicology lunch lecture at our school to celebrate October as American Pharmacist Month. The speaker is a pharmacist who works at the poison control center right here in Minneapolis, MN! Another event that we are very excited about is volunteering at Feed My Starving Children (FMSC), which is a nonprofit Christian organization that was started

right here in Minnesota in 1987! It packs nutritional food and sends it all over the world to underprivileged communities. In addition to volunteering to pack meals at FMSC, we are also planning on having a bake sale to raise money to donate to FMSC so the organization is able to buy the food supplies needed to continue to bless the world with their meals. Our chapter is very passionate about the work done at FMSC that it is our service project focus for the months of November and April. These months were chosen for the specific reason that they correspond with our Thanksgiving and Easter holidays. Some of the other events that our chapter is planning include hosting "Girl Scouts/Boy Scouts and Pharmacy Day" where we teach them about the profession of pharmacy and have some fun activities including compounding simple lotions and gummy lozenges. We also are planning on revitalizing our Founder's Day Celebration in May and reconnecting with our alumni chapter!

Even though the alpha chapter is small, we are making a difference at our school and in our community! We proudly uphold the values of KE by exemplifying them in all of our activities!





## CHAPTER UPDATES - DELTA

2012-2013 was a productive year for the **Delta Chapter** at the University of Montana. We held several bake sales and logo wear sales for fundraising. We also raffled off gift baskets filled with donations from local businesses and KE members. We purchased a Kindle with the money raised from the raffle and donated it to the Juvenile Diabetes Research Foundation as a prize at their annual Walk To Cure Diabetes. Many of our KE chapter members were involved with the planning of the event and volunteered at the Walk. In addition to JDRE, another charity that the Delta Chapter supports is the local Ronald McDonald House. Every month, chapter members prepare a dinner for the residents. Every Christmas, members make and decorate a gingerbread house for the Ronald McDonald House - Missoula Gingerbread Contest.

Last fall, pharmacy students organized a health fair at the local mall, and the Delta Chapter had a Breast Cancer Awareness booth. The health fair was a big success. Last spring, we sponsored a new event called Shadow a Pharmacy Student to help generate interest in the field of pharmacy. Interested students from a local high school went to a few pharmacy classes with Delta Chapter

members. The students were also introduced to pharmacists from the community to expand their horizons about what pharmacists can do. This summer, a chapter member joined our advisor at the KE Convention in Richmond, Virginia. They had a great time meeting other KE members as well as learning valuable information and ideas to bring back to our chapter.

The Delta Chapter has many exciting events planned for this fall! We currently have 20 members and several more who are interested in joining. Our recruitment events this year include: a frozen yogurt social, a trivia night, and a progressive dinner night out to support our local economy. We will also do a PB&J Rally where we make sandwiches for a local center for underserved individuals. Last year we invited students to participate in the PB&J Rally, leading to a huge success and LOTS of PB&J sandwiches! Additionally, the Delta chapter will continue cooking monthly dinners for our local Ronald McDonald House, including a group event with potential members at the end of September.



This October we are planning a bra-decorating competition between the pharmacy student organizations for Breast Cancer Awareness. We will be selling pink t-shirts as a fundraiser in September in preparation for a pharmacy school wide pink out day in October. In addition, The Delta Chapter will be back at the pharmacy school's health fair in October with our booth on Breast Cancer Awareness. We are looking forward to another year of being active in our community and at our university while having fun and making new bonds with this year's new members.





## CHAPTER UPDATES - KAPPA



The **Kappa chapter** at the University of Florida has had a busy start to the school year! After coming back home with our amazing awards from convention, we had a very successful recruitment. Overall 47 ladies accepted their bids and made a commitment to becoming potential new members at our recent pinning ceremony. Wearing our new "Drafting the Best" recruitment shirts definitely helped to unite our presence on campus. We are very excited to see what the newest additions will bring to our chapter! Kappa chapter officers are already busy planning for this upcoming school year. Members plan on giving back to the community by participating in the Making Strides for Breast Cancer walk, Gators March for Babies, and



volunteering at a local nursing home. Our social calendar is just as busy as our service! This past semester, Kappa chapter members enjoyed tailgating with the gentlemen of Kappa Psi, and current members are looking forward to our "speed dating" social with the new member class!





## CHAPTER UPDATES - MU

The **Mu chapter** of Kappa Epsilon is located at the University of Kansas School of Pharmacy. We are an actively growing chapter and have around 40 members in our chapter currently.

One of our biggest projects every year is breast cancer awareness. This usually consists of an educational presentation and also a "pink" bake sale in which all the proceeds are donated to Health Care Access or breast cancer-specific organizations. Another big project every year is PharmCORP, where we not only attend local high schools to give informative presentations, but we also host a day at the School of Pharmacy in order to give students a more hands on approach to the profession of pharmacy.

Members participate in many other community serve projects throughout the year. Ones that we have really enjoyed in the past include making dinner at the Ronald McDonald house, packing meals for the homeless at Harvesters, hosting a shoe drive through Sole's4Souls and helping with the local Go Red for Women event.

Along with the different community service events, we host socials every month to foster our bonding as a chapter. These have included a Thanksgiving progressive dinner, a white elephant gift exchange around Christmas time, and a farewell dinner for our graduating members at the end of the year.

Our chapter is currently thriving in all aspects and is looking forward to another successful year. As a chapter we continue to seek out different ways to get involved in the community in order to best impact those around us.



## CHAPTER UPDATES - PI



We are the **Pi Chapter** at Purdue University in West Lafayette, Indiana. We are currently at 45 active members, with our chapter growing bigger and stronger each year. This year we are making Kappa Epsilon's national projects of breast cancer awareness and Pharm-CORP our priority.

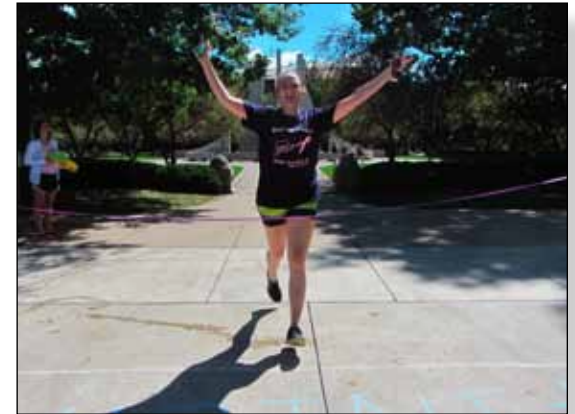


Each year, we hold a breast cancer seminar in October where PGY2 residents come and speak about breast cancer with a pharmaceutical perspective. Additionally, we organized a team for our chapter to participate our local Making Strides Against Breast Cancer walk. We are also broadening our focus group to not only those in our chapter and in our pharmacy college, but also to the whole campus and community. We have already started our

awareness campaign by hosting a Water Gun Run 5k around Purdue's campus, where proceeds go to our Making Strides team. Participants gathered from all around campus to run for a cure!

Other future plans include a "dress down" day for professional lab, where students can donate money to our team to wear pink for breast cancer instead of business casual. We are also hoping to incorporate ideas from convention such as making your own breast cancer ribbons outside of lecture halls to spread awareness all over Purdue's campus.

After October passes, we are planning on putting more emphasis on Pharm-CORP, by reaching out to local schools and creating a program our chapter can use for years to come.



We are in a rebuilding year, but we are looking forward to establishing ourselves as a professional pharmacy fraternity with an unbreakable bond between our brothers and sisters.





## CHAPTER UPDATES - SIGMA



Kappa Epsilon **Sigma chapter** has done a great job in our philanthropies this year. Reason for the success is due to the diligence and commitment of its members. The philanthropies that Sigma chapter focused on include breast cancer awareness, PharmCORP, and the local food bank.

During the month of October, KE promoted breast cancer awareness to the whole University of Arizona Medical Campus. Campus includes Medicine, Pharmacy, Nursing, Public Health, and the University Medical Center. Members created facts about breast cancer and place them on pink flamingos. The flamingos were distributed along the lawn between the College of Pharmacy and the University Medical center. The event



promoted breast cancer awareness to faculty, students, and patients by educating them as they pass by the flamingoes. Another event that KE Sigma chapter held to promote breast cancer awareness include our yearly October bake sale. KE sigma chapter typically has the most elaborate bake sales compared to other fraternities and organizations on campus. The bake sale was filled with options ranging from sweet to savory and decadent to healthy to raise money for breast cancer awareness.

The Sigma chapter of KE also increased our activities with PharmCORP. This year, we reached out to 5 high schools in the Tucson area. KE members presented to 579 students between the 2012-2013 school year. During the visits to the high schools, KE members promoted the profession of pharmacy as well as other professions (ie: nursing and medicine). The goal for PharmCORP is to promote higher education and the pharmacy profession to high school students. KE members also demonstrated professionalism and good role models in the community. Beena Vemulapalli did an excellent job developing

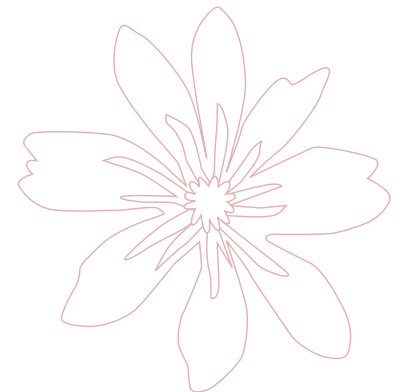
networks to the local Tucson high schools and coordinating the event.

Finally the sigma chapter also raised over \$400 to donate to the local Tucson Food Bank for the holiday season. The chapter opened the Penny Wars event to the classes of 2014, 2015, 2016, and staff. All classes donated a lot to the cause and were extremely successful. We are proud of the work of KE Sigma chapter and all the efforts the members contributed. We did a great job in promoting awareness, giving back, and demonstrating professionalism to the community.



## CHAPTER UPDATES - TAU

The **Tau Chapter** is off to an exciting start for the year after hosting the 49th National Convention in our hometown of Richmond, VA. During a recent meeting where we reflected on events that were successful during the past school year, one event was mentioned repeatedly: Teal Day! This past spring, Tau sisters hosted a day to educate our fellow students about cervical and ovarian cancers. We had a great turnout of students and faculty who enjoyed our teal-colored desserts, donated money for cancer research, and learned about cancer screening and prevention. Teal Day was a great addition to our line-up of events as we were happy to expand our focus on women's health beyond our annual breast cancer events. This event will certainly become an annual one for the Tau Chapter, and we would love to help other collegiate chapters host a similar event at other schools!





## CHAPTER UPDATES - ALPHA BETA

The **Alpha Beta Chapter** of Kappa Epsilon is located at Southwestern Oklahoma State University in Weatherford. We finished last semester by participating in the American Cancer Society's Relay for Life. Our team achieved gold status by raising \$5,745 for the cancer research. Our new prospective members also organized a successful blanket drive for babies in the Neonatal Intensive Care Unit at a local hospital. Each year, our chapter awards a deserving member with a \$250 scholarship. Last year's recipient was Kim Ly, chosen for her outstanding leadership and high academic achievements.

We just finished our recruitment for the fall semester and are happy to report that 21 prospective members were inducted into our chapter. Our recruitment events included a Zumba Night and an informational meeting entitled, "Getting to Know the Kappa's". We recently participated in the SWOSU Wellness Exposition and provided information on Breast Cancer Prevention and Women's Health. We are currently preparing for our annual Breast Cancer Awareness Dinner, an event honoring local breast cancer survivors, and the Susan G. Komen Race for the Cure.

Upcoming events planned for this semester include the Hygeia Bowl, a flag football game against another pharmacy fraternity, Muddin' for Hope 5K Race, KE Chili Cook-Off, and our "Apothescary" Halloween Dance. We are also continuing our pharmacy-shadowing program for our pre-pharmacy members with a local pharmacy in our community.

Furthermore, our chapter has decided to add more sisterhood events to our agenda this year to strengthen our

organization. Our social committee is planning a sisterhood self-defense class and a KE Christmas party. Our chapter has maintained a strong presence here at Southwestern since 1960 and we plan to uphold our high reputation. We look forward to another successful year of helping charitable organizations, bonding as sisters, and promoting women in pharmacy.



## CHAPTER UPDATES - BETA EPSILON

Greetings from the Low Country! The **Beta Epsilon chapter** of Kappa Epsilon is located in Charleston, South Carolina. We are proud to attend the South Carolina College of Pharmacy, at the Medical University of South Carolina campus. As future pharmacists, our all-female chapter is dedicated to promoting the profession of pharmacy while giving back to our community. We remain actively engaged in Charleston by participating in numerous service projects on a regular basis. These service events include fundraising for the annual Lowcountry Race for the Cure, cooking dinner for families at the Ronald McDonald House, educating high school students through PharmCORP and helping to build a house with Habitat for Humanity.

Last fall, our chapter decided we wanted to establish a service project that would benefit local cancer patients. This led us to establish a partnership with Hollings Cancer Center, which is located next to the College of Pharmacy. The Beta Epsilon chapter is the official "sock partner" with Hollings Cancer Center. We collect items to provide to patients while they receive infusions at the HCC infusion clinics. Although we primarily collect fuzzy socks, we also collect



scarves, gloves and hats. The "KEep it real - SOCK it to Cancer" service project can positively impact every patient without discrimination. The Beta Epsilon chapter has committed to donating the comforting items once a semester. Over 800 pairs of fuzzy socks were donated last year. We are excited to continue to implement this project and bring comfort to local cancer patients.

Our chapter has a lot to look forward to this year. We are especially excited

to welcome twenty-four new members in November. This is our largest recruitment class to date. We hope to continue to grow and empower ourselves by promoting the Kappa Epsilon ideals throughout our pharmacy education and pharmacy careers.





## CHAPTER UPDATES - BETA LAMBDA

The **Beta Lambda Chapter** of KE is located on a satellite campus of the University of Kansas School of Pharmacy. With Fall underway, the chapter has already hosted one social for its members and potential recruits. They went out to eat at a popular restaurant in Wichita, Kansas called Abuelo's, where the chapter ordered appetizers for everyone and they had their own little fiesta! Beta Lambda has started the school year running with a social, recruitment of all three years of pharmacy students, advertising a few items for fundraising and planning community service projects. We may be small, and it is going to be a busy semester, but we are excited to see all the things we can accomplish!



## KE'S AROUND THE COUNTRY

### Kappa Epsilon Goes for the Crown *by Rebecca Yeh, Psi Chapter*

I competed in my first pageant after my senior year of high school and came to ONU in the fall of 2011 while holding a local title back in Minnesota. I was, of course, a pharmacy major but didn't join any kind of pharmacy organization the first year of school. During the summer of 2012, I competed at Miss Minnesota and was first-runner up. I decided that would give it one more shot the following year, and ended up winning the Miss Minnesota pageant this summer. Over the 2012-13 academic year, I joined Kappa Epsilon to broaden my involvement in the pharmacy community, make new friends and contribute to our university's community as well. I was initiated in the spring of 2013.

This past summer was extremely busy for me and becoming Miss Minnesota changed the focus of my summer from completing my IPPES to preparing for Miss America which was held this September. I was an active member of Alpha Xi Delta, a sorority at ONU, and joined primarily because of their philanthropy, Autism Speaks. My older brother, Phil, has autism and I am

passionate about raising awareness, advocating, educating and being a voice for my brother and others like him. This summer, I partnered with Autism Speaks in Minnesota and serve as their community ambassador. In addition, I made many appearances throughout the state and performed my violin in many different venues.

I left for Miss America September 2, and had two of the best weeks of my life. I made 52 new friends, won talent, and had the honor of being fourth runner up to Miss America. Competing in the Miss America pageant was really combining different areas of my life that were previously separate. I am able to talk about my brother with autism, perform my violin, incorporate my cross country running background into my own vision of health and fitness, and can focus on my communication and public speaking skills while pursuing pharmacy as my major.

I am currently taking a year off from school at ONU, but plan to return in the fall of 2014 after I give up my title of Miss Minnesota.

*Due to Miss Yeh's time off from school, she is currently inactive with Psi Chapter. She plans on becoming a fully active member upon her return to Ohio Northern University*



photo by Sarah Morreim

Rebecca Yeh







## ... KE'S AROUND THE COUNTRY

### Summer Under the Dome *by Brian Gilbert, Beta Alpha*

If I were to ask you to describe The Johns Hopkins Hospital in Baltimore, Maryland, what would you say? It's an institution known for its groundbreaking research. How about that they are innovative in their approach to practicing medicine? They are privy to the finest physicians who are training the next group of talented physicians. Further down on your list would be something about pharmacy, but I'm writing to you tell you about the best decision I've ever made professionally and personally.

The Johns Hopkins medical system has some of the finest colleges in the country

which include medicine, nursing and public health. Since they don't have a college of pharmacy you may, like I did, overlook the opportunities that they have to offer a pharmacy student. Johns Hopkins offers a summer pharmacy internship program for first year, second year, and third year pharmacy students. This program offers the chance for students to learn more about hospital and health systems pharmacy while continuing to develop skills, knowledge, and confidence at their own pace. The program is used to supplement what students have learned in their respective college of pharmacies while giving students the opportunities to work in areas such as: critical care and surgery, pediatrics, oncology, outpatient, ambulatory care, administration and informatics. As an intern, you are an employee of the hospital and work an average of forty hours a week, but those forty hours include discussions, shadowing, and area specific projects. As expected, with a name like Johns Hopkins, the

internship is competitive, but do not let this stop you from applying!

After hearing about this program through past interns and preceptors I decided to apply. I did my research online and began to look into the application process. The application process is straightforward in that you need a letter of intent, two recommendation letters, and curriculum vitae, with applications being due mid fall. After the application is reviewed, the candidate list is narrowed and interview invitations are extended. Conveniently interviews are over the phone. The reason I point this out is because most students have not had an interview experience like this and it behooves you to practice! The interview lasts approximately thirty minutes and general interview questions are asked and you are afforded the opportunity to rank your preferences for internship areas. I interviewed in late fall but was not offered a position in the program until early February. After the initial humbling shock of being chosen you then must start to prepare everything for your summer in Baltimore. This includes becoming licensed in the state of Maryland, finding housing,



Brian around the country

*continued on next page*



## ... KE'S AROUND THE COUNTRY

and going in person to have a physical performed. It is important to make sure these tasks and others that may present themselves are completed as early as possible so it does not hinder your start date at the hospital. The program directors are very accommodating and will help you in any way they can to assure a smooth transition from your home state to Maryland.

Once you have accepted the position and relocated to Baltimore, you finally get to walk into those historic walls and begin working. My summer started by sitting down with my preceptor and talking about projects we wanted to complete for the summer. The projects can range from clinical evaluation of a medication all the way to operational management projects. I was fortunate in that my projects lined up perfectly with my career interests. I was able to work on a clinical research project, pharmacy operations project, and an administrative project. It is important to have open communication with your preceptor to assure you can work on projects that you are interested in. While working on these projects, you also have the opportunity to participate in pharmacy roundtable discussions. These discussions ranged from the state of the profession to specific ways

of implementing MTM services in the community. Also, included in your work week is the opportunity to have Q & A sessions with pharmacists from all areas, in which you discuss career paths and daily job responsibilities. You also have the opportunity to work closely with highly skilled pharmacy technicians, learning how to operate and restock medstations, compound sterile IV products, and dispense medications. Another networking opportunity came when we were offered the chance to visit the American Society of Health- Systems Pharmacists headquarters in Bethesda, Maryland. While there, we were able to speak with ASHP staff about advocacy efforts, potential section advisory group membership opportunities, and ways in which we could help grow our profession as students at our respective chapters. Lastly, and one of the most beneficial opportunities, was to sit down with the director of pharmacy and have workshops that included CV review, professionalism discussions, how to grow as a leader, and emotional intelligence. In the midst of all the activities throughout the summer internship, you must prepare a final presentation that will be presented to the department of

pharmacy. Each intern must prepare an individual presentation to discuss one or of the projects that they completed for the summer. Typically, the presentation format is ten minutes of presentation with five minutes for follow- up questions and serves as a way to show off all of our hard work from the summer!

This internship is a once in a lifetime opportunity that every student should capitalize on. I learned the demands and stresses to work at such a prestigious institution. All of the activities that you're able to participate in are invaluable when it comes to growing as a young professional. Take these opportunities to grow and ask as many questions as you can! Walking through the halls of Johns Hopkins, you can't help but feel humbled at the opportunity presented before you. Once you have that opportunity, the choice is yours on what you will do with it! While at Johns Hopkins, it is important to remember not to be content or complacent and continue to work as hard as you did to get there. The internship can give you the tools and keys to open many doors, but it is up to you to make the most of your internship experience.



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