



The Bond

A publication of
Kappa Epsilon Fraternity, Inc.

Connecting Kappa Epsilon Members
Spring 2015



KAPPA EPSILON NATIONAL OFFICE

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The mission of Kappa

Epsilon is to empower

its members to achieve

personal and professional

fulfillment by developing

their confidence, self-esteem,

interpersonal skills, and leadership

vision, and to represent the interest

of the membership to health

care professionals and the

community at large.



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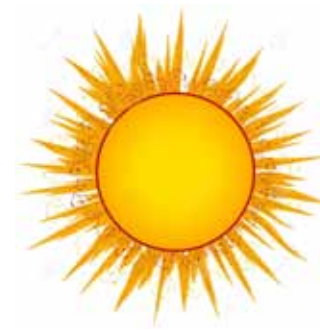
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FROM THE VICE PRESIDENT OF COMMUNICATIONS

During the 2013-2015 biennium, the role of communications has certainly evolved with the introduction of social media. Grand Council and the national office is easily accessible with a new Twitter, Instagram, and LinkedIn accounts. The national Facebook page is seeing more traffic with the sharing of ideas.

Surely, social media has made connecting with members across the country much easier. This accessibility is a wonderful way for your chapters to connect with each other and to raise awareness for fundraising and philanthropic events. Ideas and awards are shared instantly. It is so rewarding to see your many successes in your endeavors.

In light of recent events concerning Greek organizations and social media, it is important to remember that videos, groups, and tweets can be used negatively. All accounts bearing the



Kathy Nguyen. VP of Communications

Kappa Epsilon name is reflection of you, your chapter, your sisters and brothers across the country, and the national office. As future professionals, it is vital project a professional appearance in all manners of your online life.

Communication with Grand Council has always been paramount in Kappa Epsilon. We are here to serve as your liaisons to the national office. Keeping your chapter's contact information up to date plays a huge role in your Grand Council Connection's ability to communicate with your chapter. Likewise, your Grand Council Connection's is always available to answer any questions you may have about upcoming events, chapter management, or KE in general.



A CAREER IN PHARMACY AND KAPPA EPSILON

Metta Lou Henderson



I was a pharmacy student from the fall of 1956 until I graduated in May 1961. It was a five-year program with one year in liberal arts and then four years in the College of Pharmacy at The University of Arizona. In those years, few women were students and even fewer were practicing pharmacists. All of the women in the college belonged to KE. By 1960-1961 there were ten members of Sigma Chapter. We were fortunate to have Myrdas Brewer, wife of the Dean, a KE (Epsilon) be our advisor, role model and mentor. It was a special bond for us. At that time, all fraternities were single sex. We began to meet other KE's in Tucson and were able to discover the many options available to us. I represented KE at the 1959 convention. There I met other students and alums. That began my involvement KE at the national level. KE was very special as it gave me the bonds and contacts with women pharmacists. Another very special person was Dr. Mary Caldwell. Although she was not a pharmacist, she was the only female member of the faculty and took all of us "under her wing." We were privileged to nominate and then initiate her as the second honorary member of KE. Of course, we all belonged to the Student Branch of APhA (now ASP).

After graduation, KE continued to be very important to me. My first position was at the University of Michigan Hospital. Marjorie Coghill, a Past Grand President, told Gloria Francke that I would be at the hospital and she should look after me. Gloria's husband was the director of pharmacy. That was my first meeting with Gloria (Pi) that extended until her death. She was one of my mentors. I served on Grand Council starting in 1963 and served as president from 1965-1973. KE was very important in the world of pharmacy and we were asked our opinion on the major issues. It provided me with the opportunity to continue to network within KE but it opened doors for me to meet other prominent pharmacists and begin to become more involved in other pharmacy organizations. An important event for me was being president at the 50th anniversary year of KE. KE was recognized at several national and international meetings. For example, we had our first booth at APhA in 1971.

I became a member of APhA as a freshman in college so 59 years have passed. My first APhA meeting was 1965. Being a KE did help me be invited to become a member of various committees and even serving as chairman besides serving in the House of Delegates. My membership has given me

the ability to meet so many outstanding pharmacists over the years. I have enjoyed having students follow me at APhA annual meetings because I always introduced them to my friends. Beginning with graduation, I joined and became active in state associations, depending on where I was living and practicing. I did belong to ASHP for several years but discontinued that membership when I retired. My other national association is the American Association of Colleges of Pharmacy since I had become a faculty member. In the early years of my membership, there would not be many women attending the meetings. Of course, that changed over the years. I became very active and held several positions. Again, I had the opportunity to meet people and to network.

Looking back, I know that my involvement with KE and other pharmacy associations has been a very important part of my life. Many of the individuals have become a "second" family.

I can't stress enough, how important it is for KE's to become involved, not only in KE but the other associations. Be active and participate. Attend national meetings and also join KE at our receptions. Network. Be a mentor. You will be able to influence the future of pharmacy.

APHA VOTES TWO KE ALUM AS PRESIDENT

In the last APhA national election, members voted Metta Lou Henderson (Sigma, Past Grand President) as honorary president and Jean-Venable “Kelly” Goode (Tau) as president-elect. Metta Lou will be sworn in at the 2015 APhA National Convention and Kelly will be sworn in at the 2016 APhA National Convention.

Metta Lou Henderson, BSPHarm, MS, PhD, HonD, is an alumna of the Sigma Chapter. During her tenure at Ohio Northern University College of Pharmacy, she served as Professor,

Chair of the Department of Pharmacy Practice, Associate Dean for Pharmacy Student Services, and Advisor to several organizations including Mortar Board, Kappa Epsilon Fraternity, and Phi Lambda Sigma. Henderson has been active in a number of local, state, and national pharmacy organizations, including the American Association of Colleges of Pharmacy, APhA, Rho Chi, the American Institute of the History of Pharmacy, and the Ohio State Board of Pharmacy. She also served as National President of both Kappa Epsilon and Phi Lambda Sigma. Henderson received

her BSPHarm, MS, and PhD from the University of Arizona and her honorary degree from Ohio Northern University.

Kelly Goode is a 1989 alumna of the Tau Chapter (BS Pharm, '94 PharmD). She has actively served in various associations and in various positions. In addition to being on the VCU School of Pharmacy faculty since 1996, she has served for nine years as director of the school's Community Pharmacy Practice Program and for 11 years as director of its Community Pharmacy Residency Program.



Metta Lou Henderson



Jean-Venable “Kelly” Goode



CHAPTER UPDATES - BETA



Greetings from Nebraska! The Beta Chapter at University of Nebraska Medical Center - Omaha, is proud to announce the highest membership rate in our history! We initiated 23 new members this fall! Since our member numbers are growing, we are able to serve more in the community during our philanthropy events. We have also had outstanding attendance at every meeting, philanthropy events, and socials.

Every year we participate in the Susan G. Komen Race for the Cure by gathering and running in it. This year, we were able to become more involved by managing an Educational Booth, spreading the word about Breast Cancer facts and the importance of early detection.

This fall, we ventured to Pender, Nebraska where we conducted a 'Brown Bag' Event for the community, partnering with APhA-ASP Healthy Heartland. We organized patients' medications into weekly pill boxes as well as answered any questions they had about use and/or side effects.

It has become an annual activity for us to meet over a noon hour to make blankets for the Nebraska Humane Society. Together we made 30 blankets this year. Over a separate noon meeting, we decorate and send Christmas Cards to Military men and women as well as for local nursing home residents.

For spring events thus far, we have decorated Valentine's Day Boxes for pediatric patients across the street to allow them to participate in the exchanging of Valentines. We made 35 boxes and delivered them a week before Valentine's Day.

We just completed our annual Pink Day event. We put together this event to raise breast cancer awareness across campus. This year our proceeds are being donated locally, to the University of Nebraska Foundation, Dr. Cowan. He is a phenomenal doctor at the Buffett Cancer Center here in Omaha and is actively involved in breast cancer research. Our key-note speaker hit home for a lot of us; she is the wife of our Dean of student affairs. She was very inspirational and it was great to have someone so dear to all the students attend.

Every March, we sell Shamrock pins to raise money for muscular dystrophy.



continued on next page



BETA CONTINUED . . .

We began this philanthropy event roughly 5 years ago when one of our members had a family member with muscular dystrophy.

We also take part in volunteering at the Ronald McDonald house, which is a house designated for patients families that are staying long term at UNMC. This helps alleviate the high cost of hotel rooms and food. KE and other groups on campus take turns in cooking meals for Ronald McDonald house.

We are still working on implementing our PharmCORP events. This past spring we were able to reach out to one of the colleges here in Omaha at their Pre-Health Club monthly meeting. This spring we have events planned for a couple high schools in the area.

The fundraising activities that we sponsor include selling Heritage Falls candles, Fat Boy BBQ, and White Coat Pocket clipboards.



As we finish out the 2015 school year and prepare ourselves for the next, we are planning for the best year yet. We are hoping our numbers will continue to grow and that we are find more opportunities to become involved in our community.



Heather Harris, President
Jocelyn Utecht, President-Elect
Erin DeBolt, Secretary
Sarah Stewart, Treasurer
Michael Crowe, Chaplain



CHAPTER UPDATES - XI



Kappa Epsilon Xi Chapter at The University of Texas at Austin College of Pharmacy has been gearing up for a great spring semester. We started out January with a bang by presenting Poison Prevention at a local elementary school. Participating at this Science Night has become an annual tradition that our members really enjoy attending. We play games with younger students and teach older students and parents about the dangerous products found within their homes. We also teach the importance of utilizing pharmacists within the community by teaching the public what all pharmacists can do. We have presented other Poison



Prevention sessions at some of our local health screenings to underserved communities in Texas.

During the fall semester we presented PharmCORP presentations at local high schools to teach them about careers in pharmacy. By traveling to local high schools we are able to get seniors more excited about college and give them more information about possible professions to pursue in their futures. Members find this type of community service highly rewarding and very satisfying. It is a great way to promote the profession of pharmacy in a positive way.

Building leadership skills and having members realize their leadership potential is one of the most rewarding parts of Xi Chapter and our members. This year we have been encouraging our members to become much more active in KE, even when we are not all on the same campus. With our president located in San Antonio, and all other executive officers in Austin, it has helped us to become much more active at all of our distance regions. We have El Paso, Pan Am, and San Antonio representatives who report to the whole chapter biweekly about the events they are holding in each of their respective regions. We hope to



continue and grow our leadership and membership both in Austin and at our distance sites for years to come.



CHAPTER UPDATES - CHI



Kappa Epsilon (KE) Chi Chapter strives to incorporate community service in every aspect of our

organization. With breast cancer awareness being our national project, we take great effort in promoting it throughout the South Dakota State University (SDSU) campus and our local community of Brookings. Every February, we participate in the SDSU Wellness Fair and offer information about breast cancer. We provide pamphlets on how to perform self-examinations and the benefits of yearly mammograms. Also, our chapter has a unique resource of a breast model that students can feel abnormal lumps.



Every year we have different professional members and pre-pharmacy affiliates participate. It is a great

experience and allows the Chi Chapter to do our part to raise awareness and promote breast cancer prevention.

Every semester (fall and spring), we try to clean-up our adopted highway. If weather permits, we have at least ten people each time. We gather our flamboyant construction vests, big trash bags, and protective gloves to walk both sides of our designated highway; collecting litter and any miscellaneous items that do not belong. It is amazing to see how much trash we collect! Go Green!

For the past 2 years, our chapter has participated in the 5K Susan G. Komen Race for the Cure in Sioux Falls. It is a huge event! They have booths set up with companies and members of the community raising money for donations. We've had about ten members participate in the race and many others have made donations. Our Chi Chapter plans to make this a new annual event and we hope it continues to grow!

Another breast cancer event is our Hope Baskets! They are put together during the month of October for the Sanford Breast Cancer Institute in Sioux Falls. Every year we try to make 30 baskets and distribute them to



patients in remission or going through treatments. Our baskets consist of unscented beauty products and handwritten notes of encouragement from numerous members. Some of the patients in the past have sent us thank-you cards for their gifts and it is an amazing feeling to know our small chapter can give them hope.

Every spring semester, our Breast Cancer Awareness Committee hosts a speaking event. Our guests come to educate and share their emotional journeys with students, faculty and members of the community. We have had patients and their families, along with many practitioners speak. This is our end of the year event and seems like a wonderful way to wrap things up!





CHAPTER UPDATES - ALPHA GAMMA

The Alpha Gamma chapter at the University of Mississippi is best known throughout the community for their philanthropic involvement. Last October, the chapter provided a once-in-a-lifetime opportunity that these Kappa Epsilons will likely never forget.

When children think of Halloween, they think of dressing up as princesses, witches, and cowboys, and going trick-or-treating around the neighborhood. The thought of enough candy to last for weeks and cavities to annoy the looming dentist may as well constitute Christmas in October. But what about the children that can't go trick-or-treating?

Reverse trick-or-treating: the act of giving candy on Halloween rather than receiving it. "We thought this would be a really special way to celebrate Halloween not only for the chapter and our sisterhood, but most importantly for the children unable to celebrate this Halloween in the conventional

way," Ashley Wellen, Alpha Gamma's President-Elect, said. Emily Buckley, Alpha Gamma's Community Service Chair, was able to contact the Special Events Coordinator, Amy Ford, for



the Child Life Department of Le Bonheur Children's Hospital, and together they coordinated the trip to Memphis, Tennessee.

The chapter spent an afternoon putting together the trick-or-treat bags to take to the hospital. Each member brought

one bag of candy, and the chapter supplied the treat bags. An assembly line was formed, and members packed nearly 200 bags, including bags limited to stickers and games for children with special conditions that were unable to have candy, all while listening to the popular Halloween favorites "Monster Mash" and "Thriller". It was as much a sisterhood event as it was a service project.

The Alpha Gamma officers had the privilege of dressing up and visiting Le Bonheur to pass around the treat bags. With the help of Amy Ford, they were able to walk room-to-room throughout the hospital and hand-deliver the treat bags to children and their family members. Laughter and tears accompanied the visit, as well as smiles- smiles from the two year-old dressed like a dinosaur, smiles from the little Elsa at Alpha Gamma's life-size Elsa, smiles from parents saying, "Thank you", as if they'd never meant anything more in their lives, and smiles from the Alpha Gamma officers as they recognized a cause so much greater than themselves.

CHAPTER UPDATES - ALPHA OMICRON



Greetings from the Alpha Omicron Chapter of Kappa Epsilon at Saint Louis College of Pharmacy. Currently, we have 114 active members and continue to welcome new unicorns every fall! Our focus remains to serve our campus and community, promote women in the profession of pharmacy, and maintain our strong sisterhood.

Every year, our fraternity participates in our traditional, professional and charitable events. These include cooking meals for the families staying at Ronald McDonald House, delivering carnations to Siteman Cancer Center, and joining other groups on campus to support worthy causes. In addition to all of this, we hosted an Organ Donation

Week in honor of our late sister, Morgan Ciota, who was passionate about this topic. Our sisters thought a week dedicated to promoting Organ Donation Awareness would be the perfect way to honor Morgan's giving spirit. The week included a speaking event where Morgan's mother, Kim Steele, shared more about Morgan's philanthropic heart, a trivia night, and a lot of green which was Morgan's favorite color, as well as the color of the Organ Donor Awareness Ribbon. Our week ended with a moment of silence where our sisters were joined by the student body to honor Morgan. This week was a great success and we are so thankful for the support of all faculty and students that participated.



This spring semester has had a positive start as we prepare for the year ahead. We are looking forward to working with our Greek Council and other fraternities on campus as we all prepare for the College's new 7-year program's effect on our Greek Life and members. Additionally, our campus has seen major changes with the construction of a new STLCOP Academic Building. Lastly, we were thrilled to welcome our newest advisor, Dr. Jamie Shelly.

Our chapter continues to grow in size and professionalism each year. Our members could not be more proud of the progress made and are excited to see what the future holds for the Saint Louis Chapter of Kappa Epsilon.



CHAPTER UPDATES - ALPHA RHO



Greetings from Alpha Rho Chapter at Campbell University in Buies Creek, NC. Each semester our chapter continues to grow and attract new members who are eager to serve others and carry on the KE legacy at Campbell. In the Fall, we kicked off recruitment with a Carnival theme where we had carnival games, a bounce castle, and snow cones for all to enjoy! In the Spring, we enjoyed s'mores by a bonfire and music from several of our talented members.

This past year has been busy with fundraising

events to promote Breast Cancer Awareness and support the Young Survivor's Coalition. Once again we had a successful Pink Out Day where all CUCPHS students were able to buy a t-shirt and participate in our annual Breast Cancer Ribbon picture. Students enjoyed lunch provided by KE and heard one of our advisors, Dr. Catherine Lewis, speak on how Breast Cancer has impacted her life and what we as pharmacy students can do to help raise awareness.

Each year, the Alpha Rho chapter sponsors a scholarship for one of our members who has met certain criteria as defined by the Scholarship Committee.



Our past two winners, Maresa Roney (Alumni) and Jocelyn Yau (P2), were gracious recipients of this award. They



have exceeded what it means to be a member of Kappa Epsilon through their service and leadership.

The new year brings with it a changing of the officers. The new officers have already been working hard to promote KE and have some great ideas for promoting brotherhood as well as service in the community. We are excited to keep you up-to-date with all the exciting things to come with Alpha Rho!





CHAPTER UPDATES - ALPHA PHI

Hello from Pittsburgh, Pennsylvania! The Alpha Phi chapter at Duquesne University is proud to say that we

are still thriving with new members and endless opportunities for our future pharmacists. During the fall we welcomed 5 new sisters to our sisterhood and we are very eager to have a larger collection of new sisters who will be joining us this spring.

This October we held our 10th Annual Breast Cancer Awareness Luncheon as well as various other fundraising events which raised over \$2000 for various breast cancer organizations. We also held our biannual "Tea with KE" where professors are invited to share in tea and snacks with

the sisters as an opportunity for us to make better connections with them. Our other fall events included an ugly sweater Christmas party, participating in the JDRF Walk for the Cure, group fitness classes and countless other opportunities for our sisters.

We are looking forward to another exciting semester with the sisters of Alpha Phi with events such as our spring formal at the Pittsburgh Aquariums and participating in Relay for Life. Most importantly, we continue to promote our leadership and community involvement as women in pharmacy.





Greetings from the Sisters of the Alpha Xi Chapter of Kappa Epsilon Fraternity, Inc. at Florida Agricultural and Mechanical University! We are excited to share the activities that our chapter has completed. The fall 2014 semester proved to be extremely busy.

During fall 2014, the chapter provided awareness to the community about our first national project through many sources. The planning began in September when Dr. Michael Thompson, Dean of the College of Pharmacy and Pharmaceutical Sciences, challenged the Chapter to paint the college "Pink" in a joint effort of providing breast cancer awareness. The Chapter also solicited the help of non-chapter members in our endeavors to create a Breast Cancer Poster Competition where the students had the opportunity to present their research as it related to breast cancer.

The winners were recognized at the end of the Breast Cancer Seminar in October.

To kick off Breast Cancer month, the chapter held a "KE PinK Lemonade Stand". It was created to provide students with a mid-day snack between classes and to serve as a fundraiser for the chapter. We also reached out to the university student body by setting up a booth on "Set Day" located

at the University's Student Union. The chapter provided games which allowed for a fun way for students to learn more about breast cancer, preventive methods, and Kappa Epsilon. Lastly, the chapter presented a seminar to the community entitled "A Guide on Preventative Breast Cancer Care: The Pink Print" to promote breast cancer awareness. The seminar was a huge success. The chapter partnered with the College of Pharmacy and Pharmaceutical Sciences Center for Health Equity along with other campus and community organizations to make the

month of October a huge success.

In satisfying the guidelines of our second national project, the chapter



volunteered at the Walker-Ford Community Center STEM Carnival. Demonstrations explaining chemical reactions were shown with fun activities such as "Baking Soda Volcanoes" and making rockets! This opportunity provided a foundation to show young students that science and pharmacy is indeed an enjoyable field.

The chapter also attended Florida Agricultural and Mechanical University Developmental Research School (FAMU DRS) to present presentations to introduce the students to the field of pharmacy. Topics pertaining to how to apply to pharmacy school, different



continued on next page





pharmacy occupation opportunities, and how to balance school and lifestyle were discussed. Students were allowed to ask any question relating to the presentation allowing an interactive discussion.

Other events Alpha Xi hosted during the fall 2014 semester included Bingo with the elderly at the Miracle Hill Nursing Home and West Minister Oaks Retirement Community. Along with playing bingo with the patients, we were allowed to have one-on-one talks with the residents.

At the beginning of spring 2015, the chapter presented a seminar on domestic violence to the students. In addition, other events were hosted to give students a chance to network and socialize among each other to include: "Skate Night with KE", "KE Game Night", and our 23rd Annual Rose Ball where the theme was "The Parisian Masquerade". The ball welcomed all pharmacy students, faculty and students of Florida Agricultural and Mechanical University. The night was full of dancing, socializing

and tasty hors d'oeuvres! Currently, the chapter project, "The Wrapped in Love Initiative," is where the chapter will be collect items ranging from clothes to toys over the next several months and will donate the items to the local shelters in Tallahassee.

On February 24, 2015, the Alpha Xi Chapter initiated 26 new members! We are proud to continue to welcome others to assist in serving the College of Pharmacy and the community.



CHAPTER UPDATES - BETA ETA

With another year coming to a close, the Beta Eta Chapter of KE reflects upon several things. With many members graduating and few members joining, our chapter is in a regrowth phase. To start the year, we held a cookout and cornhole game night for all current and prospective members! At this event, we welcomed everyone into the new semester at the Bill Gatton College of Pharmacy at East Tennessee State University.

Our chapter has been very involved with the local Ronald McDonald House that is in close proximity to the campus. Early in the year, several members traveled over in the evening and brought meals to the families staying in the house. Due to the influenza epidemic that was widespread in our area, they began to limit the amount of people who were allowed into the house. Nevertheless, we were able to continue with our philanthropy by collecting aluminum can tabs to donate. Around Easter of this year, we will be making Easter baskets for the families that are

staying at the Ronald McDonald house. These will contain items that are not only enjoyable for the kids that are staying there, but also the parents, such as activity books and gift cards to help with expenses.

Additionally, we are volunteering with the Second Harvest Food Bank in Kingsport, TN. With this program, we are assisting people in East Tennessee who are struggling with both their health and finances. This allows families that are struggling to put food on the table to keep their families from going hungry. Many children also benefit from these services as well.

We had planned a Zumba-thon on campus to raise money for the Susan G. Komen foundation. We had many people

including teachers and students who were going to participate. However, due to the immense amount of snow and inclement weather that was experienced in our area, the event was canceled for this year. We hope to continue this activity next year.

With the year coming to a close, the Beta Eta Chapter is excited to see what is to come in the following years. We hope to continue making a difference in our community and helping those who are under-served.



CHAPTER UPDATES - BETA IOTA



Hello, from Beta Iota at LECOM-Bradenton, FL. The Beta Iota Chapter strives on helping our community in different ways. We started the 2014-2015 school year by kicking off our

annual fundraising for Breast Cancer Awareness with the Making Strides Against Breast Cancer Foundation. As a chapter we spread awareness on our campus and collected donations through fundraisers. A total of \$1180.00 was collected for the foundation and we then celebrated our hard work by attending the walk held by Making Strides Against Breast Cancer. We ended 2014 with our traditional ugly sweater party and collected presents for a family in need on our campus.

For 2015, our brothers took the year running. We held three Script Your Future events, where we educated patients about medication adherence alongside the medical and dental students. These events took place at a retail setting, a nearby flea market, and a local high school. Our PNMs and brothers had the opportunity to educate patients and bond with each other. This academic



year, we are excited to continue helping our community through food banks, different breast cancer awareness events and our annual pharmacist dinner.



CHAPTER UPDATES - BETA KAPPA



Our year began with our annual RUSH tailgate party at the president's house. We had a great time eating appetizers and desserts along with playing corn-hole and getting to know all of the potential new members. Once the new members joined the Beta Kappa chapter, we matched the "littles" (new members) with a "big" (current members) based on shared interests. Throughout Big/Little week, the new members were showered with their favorite study treats, encouraging notes, and a \$5 gift card to their favorite fast food restaurant for a quick treat. A few days later, our chapter hosted a Big/Little reveal where "biggs" asked their "littles" if they would accept a

rose, a Kappa Epsilon essential, The Bachelor style.

October is one of our favorite months in KE: Breast Cancer Awareness Month! We kicked off the month by hosting a local OB-GYN, Dr. Tim Harkins. He came and spoke to our chapter about breast cancer awareness and prevention. That same week, we invited the whole school to join us in raising awareness by planning a group fitness class, a PINK out, handing out pink ribbons, having KAPPACHINOS for members, and hosting a KE Bible Study where we prayed for those who have both survived and lost their battle. During our awareness week, we sold Breast Cancer Awareness shirts and donated all the proceeds to Susan G. Komen.



During the holiday season, we had a local art teacher come and instruct us how to paint a lovely ornament themed canvas while munching on pizza—thus KE Pizza and Paint was born. Our annual Christmas member party had a unique spin this year as our potluck dinner combined with our student government association to have the highest attendance yet. Don't forget about the tacky sweaters!

January and February allowed for numerous PharmCorp visits and also the opportunity for Dr. Michelle Mayers, veterinarian, to come and educate us on use of pharmaceuticals in an animal hospital. We are excited to have our new members initiated at the end of the month and all the fun events in the remaining weeks of the semester.

We are attending a health fair to hand out breast cancer screening information and volunteering at a local animal shelter in March. April finishes our year with a bang at our annual Palmetto Clay Shoot in April along with an Earth Day Celebration complete with an Adopt-a-Highway trash pickup.

CHAPTER UPDATES - BETA MU



Beta Mu is twenty active members strong as of Fall 2014, with an additional ten incredible founders as alumni. At our final meeting last semester, members were asked to write an anonymous statement about what KE means to them. This year, our goals are framed around our members' expectations and are in alignment with KE's national aims: to grow as sisters by working together, to participate in service projects and "to be the best treasure that I can."

Our most pressing commitment involves carrying on the tradition of volunteering at Pink in the Park, a 5K in Asheville, NC on October 4th raising money for a valuable program called "Ladies Night Out;" every first Thursday of the month, free mammograms, pap smears, breast and cervical exams, blood pressure and cholesterol screening, health

counseling, transportation, childcare and refreshments are provided for women who are faced with low income, limited to no insurance and living in Buncombe county. Last year over \$9,000 was raised! We are looking forward to being involved with this effort again this year. Because October proves to be a busy time for us all and we want to carry breast cancer awareness beyond this important month, we aim to host a breast cancer survivor speaker in the spring. That way, prospective members may also be involved since we do recruitment at that time. Our campus is a satellite of the UNC Eshelman School of Pharmacy based in Chapel Hill. This year we welcomed our 4th class here in Asheville so we are very excited to build our membership in the spring. There have been whispers of potentials themes, but we are undecided at this point.

As for promoting the profession of pharmacy, we plan to team up with our ever-inspiring and largest organization on campus, CAPS, to educate high school students about the wealth of opportunities in our field. This effort will take place on October 7th at the 15th annual Health Careers Education Awareness Conference, hosted on UNC-



Asheville's campus. Beyond that event, we feel gladly inclined to educate about provider status for pharmacists. We are also speaking with a local women's home, dedicated to providing stability to homeless women and moms with children. During the last week of September we will be gathering some of Steadfast House's top needs (bed sheets, coffee, baby formula, etc.). We are discussing the possibility of visiting the home in November to help equip these women for employment.

Social events are essential bonding experiences for our members. This semester we are planning a therapeutic yoga session, a lunch following Pink in the Park and a game night! We know how to have a good time throughout all our efforts.





PREPARING FOR CONVENTION

The 2015 Kappa Epsilon National Convention is coming very soon! No matter the number of members your chapter is sending, planning a trip can be very hectic. Here are a few ways to better prepare for the trip!

- Book your hotel room early. If you are sending one delegate and would like to find a roommate, contact your Grand Council Connection to see if another chapter is looking to share rooms or has room for one more.
- Pack appropriately for the weather and events. Orlando in July can be pretty humid and hot, but the meeting rooms may be the very opposite. The dress code for the meetings is Business Casual (or relaxed professional dress). A sweater for the meetings may be needed. There is a banquet on Saturday evening, where the dress code is semi-formal. There will be some free time to visit the surrounding areas as well.
- Share a cab. The price of a cab from the airport to The Buena Vista Palace can be pretty steep. Share a cab with your friends or, again, contact your Grand Council Connection with your flight information to see if someone else is on your flight or landing around the same time so you may share a cab.





NOMINATE YOUR COLLEAGUES FOR THESE PRESTIGIOUS AWARDS

KE/MERCK VANGUARD LEADERSHIP AWARD

Awarded to an exemplary alumnus who has contributed both professionally and within their community.

Nominations due October 15th annually

CAREER ACHIEVEMENT AWARD

Active alumnus member noted for their professional accomplishments.

Nominations due October 15th annually

LINDA RODGERS MEMORIAL AWARD

Honors a KE member who exemplifies Linda's characteristics of leadership, dedication, diplomacy, friendship, and inspiration to others. \$200 award.

Nominations due May 15th in odd years (Alumni)

Nominations due May 15th in even years (Collegiate)

ZADA COOPER SCHOLARSHIPS

Recognizes superior achievement and is presented annually to active collegiate members. \$750 scholarship awarded.

Applications due November 15th annually

KE/AFPE NELLIE WAKEMAN FELLOWSHIP

Monetary award used to encourage members to pursue an advanced degree in a college of pharmacy graduate program. \$7500 award.

Applications due February 1st annually

FOUNDATION GRANTS

Provides members and chapters with incentive money for innovative educational projects in the profession of pharmacy.

May apply anytime!



GIVE TO KE TODAY

In a continuing effort to provide financial stability and perpetual support for Kappa Epsilon Fraternity and the Kappa Epsilon Foundation, please consider making a donation to one or both of these entities. Let us speak with one voice, in strategy and purpose, and share our resources to promote the future of Kappa Epsilon.

My gift to the Fraternity is \$ _____ My gift to the Foundation is \$ _____
Gifts to the Foundation are tax-deductible.

Please make checks payable to Kappa Epsilon Fraternity and/or Kappa Epsilon Foundation. or pay by credit card:

Mastercard/Visa #: _____ Exp: _____

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Street, City, State, Zip: _____

Send form to: Kappa Epsilon, 7700 Shawnee Mission Pkwy, #201
Overland Park, KS 66202

You may also pay via Pay Pal at www.kappaepsilon.org

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