

The Bond

Connecting Kappa Epsilon Members
Fall 2014



A publication of
Kappa Epsilon Fraternity, Inc.

KAPPA EPSILON NATIONAL OFFICE

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The mission of Kappa
Epsilon is to empower
its members to achieve
personal and professional
fulfillment by developing
their confidence, self-esteem,
interpersonal skills, and leadership
vision, and to represent the interest
of the membership to health
care professionals and the
community at large.



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HISTORY TIDBITS DR. NELLIE WAKEMAN AND THE NELLIE WAKEMAN FELLOWSHIP

Metta Lou Henderson (Sigma) Past Grand President

Nellie Wakeman (1883-1952) received her BS in Pharmacy in 1902, and MS in 1910 from the University of Wisconsin. She became the first woman to receive a PhD in a pharmacy discipline when she received her PhD in pharmaceutical chemistry in 1913. From 1913 to 1948, she was a faculty member at the university. She became one of the early members of KE and served as our scholarship chairman for many years. Dr. Wakeman had very strong feelings that women should be encouraged to participate in graduate education.

Under her influence, Kappa Epsilon invested \$200 in 1930 with the understanding that once the earnings of the fund became \$100 per year, a member should receive the money for graduate education. The 1952, convention voted \$500 from the national treasury into a scholarship fund and to transfer the royalties from the sale of jewelry to this fund. The fund was named the Nellie Wakeman Scholarship in 1957. The name was later changed to Nellie Wakeman Fellowship. In 1994, KE joined with the American Foundation for Pharmaceutical Education (AFPE) to award the fellowship.

The first award was given to Jean Thorne (Alpha Zeta chapter) in 1964. Now, the award is called the AFPE-Kappa Epsilon First Year Graduate School Fellow. By working with AFPE, the stipend has increased. The 2014 Fellow is Patrick J. Campbell (Sigma). He is studying at The University of Arizona in Pharmacoeconomics/Health Outcomes.



CHAPTER UPDATES - ALPHA DELTA

The Alpha Delta Chapter is proud to announce that our chapter is continuing to flourish and attract new members! In the spring semester our chapter initiated 24 new members bringing our chapter to 51 collegiate members. Our growth has given us the opportunity to do more for our community and for our profession. Our members are enthusiastic about serving others and carrying on the KE legacy.

This past year we have participated in multiple local projects such as the Dress for Success Campaign to provide professional clothing to women in need. Our chapter also works closely

with the boys and girls club in orchestrating at least one event each semester to give back to those in our surrounding community. This past October we kicked off Breast Cancer Awareness month with a "Treasure Your Chest" t-shirt sale to raise money for the Young Survival Coalition. We ended October with our annual YSC Luncheon where a speaker from YSC spoke about her inspirational story.

During the spring, we remained active in the community by collecting canned food donations for the North Fulton Community Center. We also kicked off our first annual "Pill Counting



Competition." This was a way to relieve stress from our rigorous schedule with some friendly competition while at the same time raise money for our chapter. Our chapter turned the Mercer gymnasium into a mock pharmacy complete with bays, prescription bottles, trays, and spatulas. Speed and accuracy lead to victory! The top three teams were awarded prizes as well as bragging rights.

This fall we kicked off the school year with our annual "How to Survive Pharmacy School" presentation to first year students during their first week of school and received a record attendance of nearly 100. As a growing chapter, we look forward to another successful year, continuing our charitable works and promoting women in pharmacy.



CHAPTER UPDATES - ALPHA EPSILON



Hello from Monroe, Louisiana! The ladies at the Alpha Epsilon chapter of Kappa Epsilon hail from the University of Louisiana at Monroe School of Pharmacy. The chapter doubled in size with the addition of 48 new members during the Fall 2013 recruitment, and the Fall 2014 recruitment brings in another 34 members to the chapter. Our most notable achievement from Fall 2013 was a fantastic turnout at the local Susan G. Komen Race For The Cure! We had over 100 members on our team. We also used the fall semester to focus on our sisterhood and host our

annual Tacky Christmas social, where food, fun and presents are involved. Our chapter also took time to focus on a local family in need during Christmas time. We took donations of money, toys and clothing to bring light to their holiday season.

The spring semester started with our big/little week, which is always a chapter favorite. The chapter celebrated survivors of breast cancer by hosting

a dinner in their honor and inviting them to speak about their experience. We rounded out our semester by having our annual Spring Banquet. At this time, we honor chapter members for their achievements and transition into new officer positions.

This academic school year that is upon us holds many new things and plans for our chapter and we are very excited for those plans to develop into actions. As a chapter, our goal is to continue to move forward, always do more and never be satisfied with the bare minimum. The chapter cannot wait to keep you all updated about the wonderful things to come for Alpha Epsilon!



CHAPTER UPDATES - ALPHA PI

Greetings from Alpha Pi chapter!

The past year started with lots of events and we anticipate an even bigger year. The events we held include bake sales, Residency Forum, Karaoke, and Kook Off. We also held Career Roundtable with Alumni and Pharmacy Residency Directors, Zumba night, and Besties Night, which was a game night that showed how well you knew your closest friends. For recruitment, we got six new recruits.



We kicked off our breast cancer awareness last year by raising funds through our breast cancer bake sale in the school of pharmacy and continued at the Howard University Hospital

Cafeteria afterwards.

The Breast Cancer Awareness Brunch was held on October 12th 2013 at the Howard University Blackburn Center that involved breast cancer survivors and medical speakers sharing their experience and expertise on breast cancer. Our students, faculties, and members of our community were involved in this event. This year, the breast cancer committee was able to make donations to Howard University Cancer center. To round up our events, we had a "Pink out Day" on the campus and it involved the students and members of the faculty wearing the "Pharmacists against Breast Cancer" T-shirts, which were sold as a fundraiser. This helped create more awareness on the university campus.

Our chapter values helping out in the community. In the spring of 2014, we helped out in the community by volunteering at an independent pharmacy and in a church health fair



checking blood pressures, sugar levels, and educating the public on the importance of immunization. We also participated in the Howard University College of Pharmacy Wal-Mart Health fair; teaching the community about nutrition and the importance of breast examination to avoid breast cancer. In total, we reached over a 100 people during our various community services.

Heart-to-Heart Ball

Last year's Heart-2-Heart Ball was the 7th annual ball. It was celebrated at the Howard University Blackburn Center. It was a big black tie event attended by the university community and others. Proceeds were donated to the American Heart Association.

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ALPHA PI CONTINUED . . .



The year was concluded with a Senior Banquet, which was a special formal event to celebrate our graduating KE Alpha Pi Chapter brothers in May. have already kicked off breast cancer awareness by conducting the pink bake sale in the school of

Our upcoming activities include pizza social, brothers and alumni social, breast cancer awareness brunch, breast cancer walk, pink bake sale, basketball tournament and many others. Alpha Pi chapter had a successful year last year but this year promises to be even bigger and better. We have a couple of things lined up for the year. We

pharmacy. We also will be celebrating our first annual Charter day week. We have lots of activities planned for this week. Also, we will be celebrating with our alumni and will be extending invitations to grand council and other Kappa Epsilon chapters to join us. Recruitment for the year is also heavily underway and we hope we get a higher number of recruits.



CHAPTER UPDATES - ALPHA CHI

The Alpha Chi chapter of Kappa Epsilon is located at Shenandoah University Bernard J. Dunn School of Pharmacy in Winchester, VA. Our chapter membership always strives to be as active as possible not only in our fraternity, but also in numerous other organizations within the school.

On campus, we host numerous fundraisers including: carnation and candy sales for Valentine's Day, Flamingo Flocking, and t-shirt sales promoting breast cancer awareness.

By far, our largest event and service project is our annual Breast Cancer

Survivor's Dinner, held in October. This event has grown over the years to include guest speakers, a silent auction, door prizes for attendees, and a completely free-of-charge catered meal for all survivors in attendance. We fundraise for this event each year through t-shirt and flip-flop sales as well as a "Bowling for Breast Cancer" event.



We also continue to strongly support our local platform of poison prevention. Our members go into the community numerous times throughout each semester to present our Poison Prevention Puppet Show to children ages 3 and up. In the last year, we were able to reach out to even more children through new contacts within our city at local day care centers, churches, and safety fairs.

Alpha Chi looks forward to growing our membership so that we can continue to promote our platforms within our community.



CHAPTER UPDATES - ALPHA PSI

The Alpha Psi Chapter is located at Palm Beach Atlantic University Lloyd L. Gregory School of Pharmacy in West Palm Beach, Florida. We are blessed to have an organizational structure that fosters collegiality and student success.

Our journey over the last two years was a tumultuous one. We had very

the Mr. Pharmacy pageant, which is our biggest fundraiser. This is one of the highlight events for our students and faculty. It was evident that Alpha Psi had an uncertain future. The question that came up often in conversation with our peers was "Will this be the last year for Kappa Epsilon?" The six Alpha Psi members were burned out from failed

efforts to recruit more members. Time was running out before 5 of the six members graduated. This prompted the members to devise a strategic plan focused on recruiting new members. The focus shifted to relationship building and target marketing.



low membership and struggled to hold things together with six members. We began the academic year of 2013 with probation due to failure to send a representative to the National Convention. We also didn't have the resources the previous year to invest in

In the spring of 2014, Alpha Psi initiated 12 new members. We tripled our membership to 18 members. Our plan was more successful than we imagined. We have plans for 6-7 members to attend KE's National Convention this year (largest number over the past four

bienniums). We have already planned our entire academic year for Kappa Epsilon. The highlights of this year will be our "Pink It Out" day in October and "Mr. Pharmacy Pageant" in November. We have already begun to see the fruits of our hard work. We are determined to meet our goals. We have strong leadership and membership, which is growing with 7 potential new members. We've also received requests for a spring program.

We believe that perseverance was integral to our success. We have two main service projects that the Alpha Psi Chapter will achieve this year: PACE Service Project (soliciting donation of toiletries for at-risk girls) and a community outreach - health fair. We will continue to serve, because we were determined to survive. The success of the Alpha Psi Chapter is a testament to the dedication of its officers, members, advisor and alumni.

Shara Parrish, *President*
Tristin Lewis, *Vice President*
Jennifer Mijares, *Secretary*
Tanya Small, *Treasurer*
Patrick Melton, *Chaplain*





CHAPTER UPDATES - ALPHA OMEGA

The Alpha Omega Chapter of Kappa Epsilon at the University of Florida-St. Petersburg anticipates an empowering and productive year in 2014-2015. This semester, our co-ed fraternity proudly recruited 26 new members, who will carry on our traditions of service and professional development. As our chapter continues to grow, we reflect on our successful semesters past.

The Alpha Omega sister and brothers kept busy during the 2013-2014 academic year. In alignment with Kappa Epsilon's promotion of women's health issues, we focused on projects relating to Breast Cancer Awareness and supporting the Susan G. Komen® organization. Our chapter annually

participates in the Komen Florida Suncoast Race for the Cure® in St. Petersburg, Florida. In 2013, we were awarded with the designation of largest school team at the race! The Alpha Omega Chapter also implements other projects throughout the year to continue raising funds for the Komen® organization, including the now classic "Drink 4 Pink" event and campus-wide "Coin Wars."

Along with supporting the search for a breast cancer cure, the Alpha Omega Chapter strives to empower women in the community to be aware of breast cancer prevalence and detection. In the 2013-2014 year, we held various service events to teach women in the

community how to perform self-breast exams. Additionally, we initiated a care-package program to support women who were undergoing breast cancer treatment at a local hospital.

During the Spring 2014 semester, our chapter was persistent with the Pharm-CORP program. Our members enjoy the opportunity to visit local high schools and educate young students about pursuing a profession in pharmacy. New to our chapter during Spring 2014, we visited a local hospital on Valentine's Day to present gifts of roses to surgical and treatment patients. Additionally, in 2014, Alpha Omega member Elise Reyes (President 2013-2014) was chosen as a 2014 recipient of the Zada M. Cooper Scholarship. Our entire chapter is proud of her accomplishment in receiving this prestigious award.

To foster the bond we share as Chapter Members, we have various social events throughout the year. Among them are a murder-mystery night, annual holiday party, and a Tampa Bay Rays baseball soiree. Alumni are encouraged to attend most of our events.



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ALPHA OMEGA CONTINUED . . .

In 2014-2015, the Alpha Omega chapter plans to maintain our traditional service programs and explore new opportunities as they arise. We hope to increase our presence at the Komen Florida Suncoast Race for the Cure® and boost our charitable

contributions to the Komen organization®. We trust that our chapter will go on fostering the professional development of new and current members, while making an impact in the local community.



CHAPTER UPDATES - BETA GAMMA



Greetings from down South! The Beta Gamma Chapter is continuously thriving and expanding. This past



year, we welcomed our largest pledge class yet of 36 new members and are expecting to continue to grow both our chapter and our love for Pharmacy. During rush week, our members indulged in various events such as laser tag, football cookout, and a night on the town. Learning the values and ideals Kappa Epsilon strengthened the pledge class as a whole and engaged them in furthering the development of Kappa Epsilon and the Beta Gamma Chapter. Pledges completed three different philanthropy projects, encouraging them to work with one

another for the betterment of our local community. During the month of October, to help raise awareness of National Breast Cancer Awareness Month, we donated fifty breast cancer bags full of items that would bring joy to the patients receiving chemotherapy at St. Joseph's

Hospital. We joined together with the Lion's Club of Pooler, Georgia and offered blood glucose, blood pressure, and body mass index checks to the local community. When Spring came, the Beta Gamma Chapter hit the ground running in order to raise money for our annual Susan G. Komen's Walk for a Cure. After five scrub days, a week of Penny Wars, and a drawing

for a pair of custom made cornhole boards, we raised over \$1000 for the event through downtown Savannah. Witnessing the number of people whose lives' have been affected by breast cancer, truly moved us and motivated us to set a goal of raising double our amount for the 2015 walk. As we begin our new year, the Beta Gamma Chapter is encouraged by the potential of having the best year our chapter has ever seen. We look forward to new growth, increased community outreach, and furthering the development of Pharmacy. Keep an eye out for all of the exciting things coming from the Beta Gamma Chapter at South University School of Pharmacy- Savannah, Ga!



CHAPTER UPDATES - BETA ZETA

eHello from the Beta Zeta chapter at the University of Findlay in Findlay, Ohio!



We have had an eventful past two years within our expanding co-ed chapter and our thriving pharmacy school. We currently have 42 members and 42 alumni. Last fall we got involved in UF

Welcome Week by hosting the first ever campus-wide KE Kolor Run! We also began successful changes to our recruitment activities with a bid day draft party, and we hope to continue with this tradition. We also started a special event, our "Big Little Reveal," where new pledges opened up their big! Last year, we had our first "Rx Greek Week" with the other UF pharmacy fraternities AZO and Phi Delta Chi to encourage involvement in Greek Life and interacting with new students! We just finished our 2nd annual Rx Greek Week.

This September, we will be teaming up with ONU's Psi chapter in Findlay's Susan G. Komen Race for the Cure to raise awareness for breast cancer and further our chapter bond through philanthropy. We have continued to participate in Marathon company health screenings each semester, hosting speakers, fundraising, and chapter holiday parties. Spring semester will be our 5th annual Alumni Dinner! We are looking forward to another exciting semester and to continue our professional leadership and community involvement!



WOMEN IN PHARMACY: THE GLOBAL IMPORTANCE OF PROFESSIONAL NETWORKS

Talking in front of large groups of people has become a regular part of our pharmacy curriculum. However, I was recently given the opportunity to speak in front of a group of pharmacists in which English was not their primary language. As part of my clinical APPE rotations, I chose to spend a month studying psychiatry at a well-known clinic just outside of Frankfurt. During my first week abroad, my preceptor, Dr. Martina Hahn, invited me to speak at the 10th annual European Women's Pharmacists Meeting. This symposium brings female pharmacists together from all different European countries to share new developments for women in pharmacy. My topic of discussion for the meeting: Kappa Epsilon.

As a member of this well respected pharmaceutical fraternity, I was honored to share the Kappa Epsilon mission with a foreign women's pharmacist organization. Over the course of my lecture, I went into detail on the

ideals of Kappa Epsilon and the success of the organization at the University of Florida Gainesville campus. Conference attendees were so impressed with the sense of family and fraternity that Kappa Epsilon at the University of Florida provides.

Organizations similar to Kappa Epsilon are unique to the United States and pharmacists from other countries were amazed that organizations dedicated to empowering and motivating women actually exist. I briefly discussed the history of Kappa Epsilon and how an honorable woman named Zada Cooper founded the organization in 1921. An older German pharmacist came up to me after my lecture and stated, "Women in pharmacy are still in black and white [referring to a photograph I displayed of Zada Cooper]. It sometimes feels like the women of our country are experiencing the same troubles American women did back in the 1920's." It was truly remarkable to learn how opportunities for women in pharmacy differ between the United States and Europe.

This wonderful event proved that a plethora of women all from different

nations can all be united through pharmacy. In addition to our pharmaceutical bond, I found that I also shared another special bond with two of the conference attendees. Two of the audience members from Germany were also graduates of the University of Florida, College of Pharmacy. It was quite inspirational to view the exchange of ideas and knowledge amongst these women and I was overwhelmed with a sense of accomplishment after many attendees inquired about how to start such organizations in their home countries. Kappa Epsilon helped to shape my career as a student pharmacist and it was an honor to share the importance of this women's organization internationally.

Amy Lynn Safaty
PharmD Candidate Class of 2015
University of Florida,
College of Pharmacy





PREPARING FOR NATIONAL CONVENTION

Run for Grand Council!

Have you wanted to serve Kappa Epsilon on a national level? The slating process for Grand Council officers has begun and we are looking for passionate KE alumni to serve on Grand Council.

The positions to be slated prior to the 2015 National Convention and voted upon during Convention are:

President-elect

Secretary



Vice President of Collegiate Development

Vice President of Alumni Development

Vice President of Financial Development

Vice President of Communications

The position of Vice President of Member Recruitment shall be nominated from the floor at the 2015 National Convention in Orlando, Florida.

If interested or curious, please contact Immediate Past-President Erika Dittmar at [*pharmerika@gmail.com*](mailto:pharmerika@gmail.com)

Request for Proposed National Bylaw Revisions

The time for developing proposals for National Bylaw Revisions is upon us.

If you would like to propose any changes to the KE National Bylaws, **please submit the following to Sara Snow, Kappa Epsilon President-Elect at sarasnow23@gmail.com by January 15, 2015:**

- **Verbatim text for section of National Bylaws for proposed revision**
- **Proposed revised language for selected section in a tracked changes word document**

Please feel free to contact Sara at the above email address with any questions.

PREPARING FOR NATIONAL CONVENTION *CONTINUED . . .*

Put Your Stamp in the KE History Books!

The 100th Year Anniversary of Kappa Epsilon Fraternity is fast approaching, and we need a fun and exciting logo to get everyone else excited about it too!

We are soliciting submissions of a proposed logo and/or theme to be used as part of all 100th Anniversary advertisements and event, as well as a special 100th Anniversary Banner, which will be displayed at the KE Booth at national meetings for years to come.

If you are creative or would like to put your own personal stamp in the KE History Books, **please submit a proposed logo by January 15, 2014 to Sara Snow, Kappa Epsilon President-Elect at sarasnow23@gmail.com.**

The winner of the 100th Anniversary Logo Contest will receive a special piece of KE memorabilia and will be recognized at the 2015 KE National Convention in Orlando, Florida.

Please feel free to contact Sara at the above email address with any questions.



NOMINATE YOUR COLLEAGUES FOR THESE PRESTIGIOUS AWARDS

KE/MERCK VANGUARD LEADERSHIP AWARD

Awarded to an exemplary alumnus who has contributed both professionally and within their community.

Nominations due October 15th annually

CAREER ACHIEVEMENT AWARD

Active alumnus member noted for their professional accomplishments.

Nominations due October 15th annually

LINDA RODGERS MEMORIAL AWARD

Honors a KE member who exemplifies Linda's characteristics of leadership, dedication, diplomacy, friendship, and inspiration to others. \$200 award.

Nominations due May 15th in odd years (Alumni)

Nominations due May 15th in even years (Collegiate)

ZADA COOPER SCHOLARSHIPS

Recognizes superior achievement and is presented annually to active collegiate members. \$750 scholarship awarded.

Applications due November 15th annually

KE/AFPE NELLIE WAKEMAN FELLOWSHIP

Monetary award used to encourage members to pursue an advanced degree in a college of pharmacy graduate program. \$7500 award.

Applications due February 1st annually

FOUNDATION GRANTS

Provides members and chapters with incentive money for innovative educational projects in the profession of pharmacy.

May apply anytime!



GIVE TO KE TODAY

In a continuing effort to provide financial stability and perpetual support for Kappa Epsilon Fraternity and the Kappa Epsilon Foundation, please consider making a donation to one or both of these entities. Let us speak with one voice, in strategy and purpose, and share our resources to promote the future of Kappa Epsilon.

My gift to the Fraternity is \$ _____ My gift to the Foundation is \$ _____
Gifts to the Foundation are tax-deductible.

Please make checks payable to Kappa Epsilon Fraternity and/or Kappa Epsilon Foundation. or pay by credit card:

Mastercard/Visa #: _____ Exp: _____

Name: _____

Street, City, State, Zip: _____

Send form to: Kappa Epsilon, 7700 Shawnee Mission Pkwy, #201
Overland Park, KS 66202

You may also pay via Pay Pal at www.kappaepsilon.org

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