

# ALUMNI NEWSLETTER

## SPRING 2020

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## Message from the Vice President of Alumni Development

*By Melissa Ruble, PharmD, BCPS – Alpha Chi Alum*

Welcome to the 2020 Spring Issue of the Alumni Newsletter! This is an exciting time as we reconnect with our alumni and reinstate our biannual newsletter. This newsletter will serve to provide resources and references for our alumni while also offering an avenue for feedback and further opportunities to support you personally and professionally. As the profession continues to change, we rely on our alumni for guidance and vision to grow as clinicians. We strive to deliver the necessary tools to enhance not only your therapeutic knowledge but to inform you of ways to give back to the community, fraternity, and cultivate you as a leader. While serving as the Vice President of Alumni Development my goal is to connect with the alumni and build a stronger bond between you and the Grand Council. Whether you just graduated or are seasoned practitioners, we want to provide ways to enable a bond of sisterhood/brotherhood and collaboration wherever you end up. We have so many talented individuals whose contributions can advance this fraternity. We are KE4Life and I want to work to provide a way to help with this process. Now more than ever we need the alumni support! Thank you for your contributions and service and I look forward to working with each and every one of you!

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“A mentor is someone who allows you to see the higher part of yourself when sometimes it becomes hidden in your own view” – Oprah Winfrey

## • 1921 •

# Staying Connected! Tools and Updates for Alumni:

1. **Updated Alumni Toolkit** – Hot off the press! We have updated our Alumni Toolkit. This toolkit serves as a helpful reference for our alumni and provides opportunities to get involved and stay involved in the fraternity! This document can be found on the My KE website under **Member Tools** -->**Alumni**.

2. **Alumni Events Updates** – Are you looking to host a local alumni social event? Have you reconnected with your KE sisters/brothers recently? We want to hear from you! We would love to showcase your stories, pictures, and gatherings! Please send announcements, pictures, flyers, etc. directly to me at [kevpalumni@gmail.com](mailto:kevpalumni@gmail.com) so that I can share your chapter/events. We also have materials that can help as you host socials so reach out to learn more. I look forward to hearing from you! #KE4life

3. **Call to Action – Alumni Interest Committee Membership** – It is with excitement that we inform you of the opportunity to join our Alumni Interest Committee (AIC). This committee works directly with our Vice President of Alumni Development to assist with projects that keep our alumni active and involved. This is a wonderful opportunity to contribute ideas that align with our mission and vision and that continue to build strong relationships between our members. We are seeking five to ten dedicated individuals who are looking to make our alumni presence stronger and to create programs that support our members both personally and professionally. If you are interested in being a member of this committee please reach out to me at [kevpalumni@gmail.com](mailto:kevpalumni@gmail.com). Thank you for your consideration!

4. **Get Featured! Submit to be Featured in The Bond** – Alumni chapters and alumni at large, Kappa Epsilon wants to highlight you in The Bond! Be on the lookout for the opportunity to share your efforts and be recognized for the amazing work you are doing to advance to profession. The VP of Communications, Nikkina Hankins, is looking for alumni to submit articles (approximately 500 words with images) that highlight your contributions. More information can be found in the Spring 2020 issue of The Bond.



## **Kappa Epsilon's 12th Alumni Cruise 2020 Caribbean Cruise**

Seated: Patty Jehring, Marg Haehl, Susie Bartlemay.

Standing: Denise Schultz, Linda McElhiney, Debbie Neupert, Sandy Hughes, Dyan Duff, Marianne Billeter, Jane Hammock, Daryl Hendrix.

## **What Are Our Alumni Up To?**

Kappa Epsilon Social Events! Keep the pictures coming!

**Several Alumni cruises are currently in the planning stages for 2021:**

- January 29 – February 19: South America and Antarctica on Holland America's Westerdam
- June 27 – July 4: Alaska on Holland America's Oosterdam
- August 29 – September 12: Norway, Iceland and Scotland on Holland America's Ryndam
- September 12 – September 19: Norway on Holland America's Ryndam

**IF YOU ARE INTERESTED IN JOINING IN  
ON THE FUN PLEASE REACH OUT TO:**

Denise Schultz at [denise.schultz@comcast.net](mailto:denise.schultz@comcast.net) or Jane Hammock  
at [PURxJane@sbcglocal.net](mailto:PURxJane@sbcglocal.net) for additional information.



Jane Hammock, IN alum  
Erin Lingenfelter National President.  
Marg Haehl, IN alum.

# KE Takes ASHP!

*The 54th ASHP Midyear Clinical Meeting and Exposition was hosted in Las Vegas, Nevada at the Mandalay Bay Convention Center*



PHOTO BY MARTIN R. SMITH

Lisa Starost, IN alum and  
Marg Haehl, IN alum



Marianne Billeter, IN alum,  
with fellow alumni Lindsey  
Childs-Kean, Kappa alum,  
and students



# PI ALUMNS!

Marg Haehl. Marianne Billeter.  
Sandy Hughes. Linda  
McElhiney Patty Jehring. Jane  
Hammock (and Jane's brother also  
a PU grad, AKABoy toy #5)



# Leadership Series Book Club

Each issue will offer alumni a brief overview of a leadership resource. An analysis will be delivered by the VP of Alumni Development Interns for continued professional development.

## REFRAMING ORGANIZATIONS

Lee G. Bolman and Terrence E. Deal; JOHN WILEY & Sons; 2017.

Review Written By: Enxhi Plaku Pharmacy Year 4 Student and Priyanka Thundiyath  
Pharmacy Year 2 Student

Peer Reviewed By: Melissa Ruble, PharmD, BCPS

Reframing Organizations by Lee G. Bolman and Terrence E. Deal is on its 5th edition since 1984. This leadership resource provides a 4-frame model that readers can utilize to better understand organizations. The authors cover various issues including changing workforces, leadership across cultures and globalization. Not only can the reader use these 4 frames as perspectives to appreciate their own organization structure, they can be used to navigate their workplace, reduce stress and lead to growth and success. In this article, we will be defining the 4 frames and providing examples of each while ultimately summarizing how to effectively reframe.

**[Click here to read the rest](#)**



KAPPA EPSILON

# CLINICAL CONNECTION

In this section, alumni will find an article outlining a clinical topic of interest.

## **Oral Antibiotic Therapy May be Promising for the Future of Infective Endocarditis Treatment :**

**Authors:** Melanie Jameson, Pharmacy Year 4 Student & Zachary Zippi Pharmacy Year 4 Student  
University of South Florida Taneja College of Pharmacy, Beta Tau Chapter

Reviewer: Melissa Ruble, PharmD, BCPS

Infective endocarditis (IE) is an uncommon, but not rare, infection of the endocardial surface of the heart and is associated with high morbidity and mortality rates. Microorganisms involved in IE can become enclosed within valvular vegetations and fibrin deposits. Antibiotic regimen and therapy duration vary based on pathogen, susceptibility, and absence/presence of prosthetic valves. Moreover, large doses of parenteral antibiotics and extended durations of therapy (4-8 weeks) are required in order to effectively eradicate the causative organism within such vegetations. As a result, appropriate treatment management may necessitate extended hospital stay or frequent outpatient visits at an infusion clinic. The majority of complications are associated with the initial phase of therapy, but patients remain hospitalized past this point in order to receive the full duration of parenteral therapy. Consequently, prolonged intravenous (IV) anti-infective therapies incur costly medical fees and impose increased risks of central line associated adverse events (e.g. infection, venous thrombosis, site injury, etc.). Data is lacking whether the use of oral (PO) antibiotics will hold similar efficacy as compared to IV therapy. Currently within guidelines there is limited evidence to support partial oral therapy for uncomplicated right sided endocarditis and does not provide recommendation towards use for left-sided endocarditis. According to the 2015 AHA/IDSA endocarditis guidelines, oral treatment may be considered in IV drug users with uncomplicated right sided Staphylococcus aureus (*S. aureus*) infected endocarditis<sup>1</sup>. Within these guidelines, two studies mentioned evaluating the use of oral 4-week antibiotic regimens (ciprofloxacin + rifampin) resulted in cure rates over 90%.

**[Click here to read the rest](#)**



# KE Journal Club

Keeping up to date on journal articles can be difficult no matter the setting. In this portion of the newsletter, alumni can find an overview of a selected article.

## Journal Club: Benefit-Risk Assessment of Alogliptin for the Treatment of Type 2 Diabetes Mellitus

Kaku K, Kisanuki K, Shibata M, Oohira T Drug Safety. 2019;42:1311-1327. doi 10.1007/s40264-019-00857-8.

Authors: Alicia Brenner, Pharmacy Year 3 Student and Natalie Dehaney, Pharmacy Year 3 Student

Peer Reviewers: Melissa Ruble, PharmD, BCPS and Olivia Pane, PharmD, CDCES

### Background

Oral antidiabetic medications are becoming a more preferred line of treatment in patients with type 2 diabetes mellitus (T2DM) before progressing to the use of injectables, including glucagon-like peptide-1 (GLP-1) agonists and insulin. While the first line treatment and standard of care remains metformin, providers are now encouraged to look at all patient factors when choosing therapy and to take into account what will be optimal for patient adherence. Alogliptin is a highly potent and selective dipeptidyl peptidase-4 inhibitor (DPP-4i) that has been found to be efficacious both as monotherapy and add-on therapy when treating T2DM. Alogliptin works by slowing inactivation of incretin hormones, such as GLP-1 and glucose-dependent insulinotropic polypeptide (GIP). These hormones increase the secretion of insulin and inhibit the secretion of glucagon when glucose levels are elevated. The overall outcome of this mechanism of action leads to improved glycemic control via a glucose-dependent mechanism. Based on the pharmacokinetic and pharmacodynamic profile of alogliptin, it is an attractive option for treatment due to its rapid absorption and distribution, high bioavailability not affected by food, lack of clinically significant interactions with common antidiabetic drugs, and lack of extensive metabolism by common substrates, such as CYP450.

**[Click here to read the rest](#)**



# Preceptor Development

As alumni, many of us precept learners on a variety of levels. In this section, alumni will appreciate different topics related to preceptor development.

## Entrustable Professional Activities

Author: Kamila Dell, PharmD, BCPS

Pharmacy students are now being held to new standards as they enter pharmacy practice. The 15 core entrustable professional activities (EPAs) for new pharmacy graduates were implemented to advance the profession and ensure that graduates have the skills necessary to enter our shifting health care practice (see Table 1). EPAs serve to define the skills that are needed by new graduates and are used to assess whether trainees possess the appropriate skill level in each domain.

[Click here to read the rest](#)

PROFESSIONAL PHARMACY FRATERNITY



KAPPA EPSILON



# Alumni Challenge

Over the next six months we challenge you to reconnect with three of your fellow sisters/brothers. Reflect on memories you have whether this connection is shared as peers, friends, spouses, etc. Why did you all become members of Kappa Epsilon and why do you continue to support this organization? How can we help to continue this passion and drive for the fraternity?

Interested in submitting an article? We are soliciting students, residents, and alumni to contribute to our peer-reviewed newsletter! We have provided links to sign up below. Once you sign up, we will send you an email to begin the process. This is a great opportunity to increase your scholarship and to share clinical pearls and ideas for practice management and mentorship!

**Link for students/residents:** <https://forms.gle/PxLpDSA8RyxCavzY6>

**Link for alumni:** <https://forms.gle/HgnueG13LdthbfsM7>

Another avenue in which we hope to connect with our alumni is through social media. We are encouraging our members to give shout outs on social media using the @KEGrandCouncil or @AlumniKevp. You can also email any accomplishments directly to me at [kevpalumni@gmail.com](mailto:kevpalumni@gmail.com) or post on the KE Facebook page Kappa Epsilon Fraternity, Inc! We want to acknowledge what you are doing and share this news with our members!

**Leadership Development Resources!** Have a favorite leadership book? We are looking to create a leadership series for both the collegiate and alumni members. We want to share professional development resources with the fraternity so feel free to email the VP Alumni Development ([kevpalumni@gmail.com](mailto:kevpalumni@gmail.com)) with your favorite book! We look forward to hearing from you!

## CLOSING MESSAGE

“A mentor is not someone who walks ahead of you to show you how they did it. A mentor walks alongside you to show you what you can do.” – Simon Sinek