

THE BOND

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KAPPA EPSILON

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Mission Statement

The mission of Kappa Epsilon will be to unite pharmacy students, faculty, and alumni dedicated to empower its members to achieve personal and professional competence, to develop leaders within the profession and community, and to provide professional and philanthropic services.

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Grand Council Connections

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President's Corner



The KE Bond: The Bridge Between Our History and Our Future

Dear Sisters and Brothers,

Normally, I would be using this Fall edition of *The BOND* to brag about the amazing programming and improvements we have made in the first half of the 2019-2021 biennium. We have enacted many exciting new programs, such as: piloting a new Intern program, hosting Webinars, and an improved Social Media presence. Instead, I would like to share with you how KE has changed in the few short months since the last issue of *The BOND* was published.

In the winter and spring of 2020, the COVID-19 pandemic disrupted our well-laid plans, upended our collegiate members' education and graduations, cancelled our events at APHA, and forced KE to adapt and evolve at a meteoric pace! But adaptability is paramount in an organization on the verge of reaching one-hundred years old!

In response to the COVID-19 pandemic, your Grand Council and the Executive Office have been working diligently since March to keep our members and chapters apprised of our actions and plans. Even as I write this letter in during the summer of 2020, there is messaging going out to our collegiate chapter leaders and advisors with the national office plans to support the chapter's active operations for the fall semester and upcoming academic year. In true emergency medicine pharmacist mode, I have worked with our selfless leadership and volunteers to create and enact a disaster mitigation and response plan focusing on recruitment support, chapter management, maintaining the Bond of KE, cost containment, revenue protection, and identifying ways that both our national organization and collegiate chapters remain financially solvent. I cannot promise a perfect response for every situation, but we are focusing on sharing tools and versatile structural expectations to enable a successful transition through this dramatic change to our normal operations.

As a predominately volunteer and not for profit organization, we are truly dependent on our members for both programming support and revenue. The economic effects of this pandemic have consequences for our membership and KE's ability to continue with our purpose and mission. While we are judiciously going through the biennial budget to identify cost containment alternatives, I hope that each of us remember our commitment to KE for Life. Now, more than ever, I am reaching out to say, **"We need you!"** We need alumni who may have stepped back from active membership for a period of time to strongly consider renewing their dues and by volunteering at a local or national level. We need collegiate officer leadership to prioritize their chapter's obligation to the fraternity and preserve the health and legacy of their own chapter by finding innovative and ingenious ways to continue with social, service, and professional programming. We need those who have the time and means to ask, what does my KE Pharmily need from me?

Even though the conception of an organized group to support women pharmacists started in 1917, the founding of Kappa Epsilon was delayed until 1921 due to in part, the Spanish Influenza pandemic of 1918. Almost 100 years later, I am wholly convinced that if strong professional pharmacy fraternities survived that pandemic, then there is every reason we can rise to the occasion and flourish with the tools and technology that we have today!

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Next, but in no way less important, in early June KE announced publicly our statement of solidarity with the Black Lives Matter movement. Later in this issue, we have included KE's public statement of solidarity. We are longitudinally committed to our members and those who seek to develop and enact legislative policy that protects and uplifts all people of color or minority. In a conscious effort to not impulsively go for the "quick fix", the first action we have taken is providing formal training for Grand Council members regarding anti-racism, equity, and social injustice. In this way, we are better educated and prepared to improve our organization with regards to systemic social, educational, and health care disparities. Also, Kappa Epsilon is taking stock of our past and current structures and norms to identify and correct areas that do not clearly state our expectations of a core value of inclusion while rejecting inequality. As we are educating ourselves, I'd appreciate any feedback or suggestions that you may have regarding our commitment to doing the right thing for our members, our patients, and our communities. Please reach out if you are interested in being part of this working group as we grow our programming.

Finally, we are fast approaching our 100th Anniversary of the founding of Kappa Epsilon! Grand Council, the 100th Anniversary Committee, our Executive Director, and supporting committees and alumni, are all determined to proudly celebrate the founders, leaders, and membership who have gotten us this far! At this time, we want the membership to know that barring circumstances outside of our control, we are continuing with the planning of the 53rd National KE Convention and 100th Anniversary Gala in Bethesda, Maryland in August of 2021! We fully acknowledge that we will have to be adaptable, innovative, and dedicated to the planning of these events, but we are committed more than ever before!

As ever, I am so grateful for the support of our Grand Council, Past Presidents, Executive Director, our interns, alumni volunteers and our Foundation.. There isn't a pathway through these challenges without you and your commitment to KE. We are blessed to have you in our lives!

Thank you!

In the BOND,

Erin M. Lingenfelter, Pharm.D.

Kappa Epsilon Grand President



Kappa Epsilon's Statement of Solidarity

"May this light shine in the lives of all Kappa Epsilon members, both near and far, so as to reflect the true meaning, purpose and ideals of our profession of pharmacy, and may the radiance of our lives be an inspiration to all mankind."

To the Members of Kappa Epsilon:

Kappa Epsilon Fraternity stands with our diverse membership in the demand for the systemic overhaul of the social injustice, inequality, and racism that black Americans and persons of color experience on a daily basis. We send our heartfelt support to those mourning the loss of George Floyd, Eric Garner, Breonna Taylor, Tamir Rice, and many, many others who are not known on the national platform. Regardless of whether their deaths are publicized or not, black lives matter!

The first vow in the Oath of a Pharmacist states, "I will consider the welfare of humanity and relief of suffering as my primary concerns." As healthcare providers, Kappa Epsilon members are active advocates for our socially disadvantaged patients and communities, but over four centuries of privilege and agency has created inequality and inherent bias in our communities and even in our profession. Because of that, we need to recognize and identify areas of disparity in healthcare, in our patient populations, and in our workplace(s).

Our first steps are to educate ourselves and proactively promote values of inclusivity and acceptance in our membership, especially those of us who do not hold marginalized or oppressed identities. Currently, Kappa Epsilon is actively seeking out opportunities for formalized training and education regarding racism and bias and will share these when we have acquired them. All members, but especially members that hold any office, will be expected to review and incorporate what is learned into the management of our chapters and fraternity.

Kappa Epsilon, in no way, condones or tolerates any form of discrimination on the basis of race, gender, religious beliefs, sexual orientation or identity, origin, age, or disability. It is expected that each member upholds the ideals of our profession of pharmacy and anything less than professional upstanding behavior should be brought to our attention. We welcome your input and feedback on how we are doing and how we can do better. Holding each other accountable is one of the ways we show that we are committed to change.

For our members who do choose to speak out and protest in a peaceful and meaningful way; thank you for being a voice for those who may not be able to speak for themselves. In the same tone of acceptance, we love and accept our members who are not as comfortable being public with what is true in their hearts. We hope that the future changes in our training and education helps improve our communication and advocacy.

I do not see these critically important issues resolving overnight with one letter or one training session, but I do know that our family is strong. We are determined to be better human beings with a huge capacity to respect and honor our sisters and brothers in the Bond.

In the Bond,

Erin M. Lingenfelter, Pharm.D.

Kappa Epsilon Grand President



Chapter Updates

LAMBDA

University of North Carolina at Chapel Hill | Chapel Hill, NC

Lambda chapter at University of North Carolina at Chapel Hill hosted several unique community service events these past two years. These events not only allowed Lambda Sisters and Brothers to give monetarily, but also to positively impact others and bond with one another.

Lambda chapter hosted the annual Red Dress Cocktail and Raffle in support of the American Heart Association. The Sisters and Brothers walked as models in a fashion show featuring the clothes donated by boutiques around the Chapel Hill area, while the guests attending the event enjoyed a cocktail bar and a photo booth. Many alumni of Lambda Chapter, including alumni on rotation, also came back for the Red Dress event as this is a beloved event by many. Since beginning two years ago, the Red Dress Cocktail has been held during the Annual Week of Wellness, a school-based initiative to promote the wellbeing and resilience of the pharmacy students at UNC.

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March 15, 2020. Lambda Chapter and their families and friends gathered for the Annual Caring Community 4K at Carolina Forest, Chapel Hill, NC.



February 19, 2020. Lambda Chapter hosted the annual fundraiser night Red Dress Cocktail supporting the American Heart Association

Continued...

LAMBDA

University of North Carolina at Chapel Hill | Chapel Hill, NC



March 4, 2020. Lambda Chapter hosts Pay It Forward Study Break to promote wellness and wellbeing for students at the UNC Eshelman School of Pharmacy.

Pay It Forward was another unique service event, but one that focused on serving and giving back to other pharmacy students. This event was started in honor and memory of Mikey Nam, a student of UNC School of Pharmacy and an alumni of Beta Mu Chapter (located at the Asheville campus). In 2019, the first year of Pay It Forward, Lambda Chapter handed out goodie bags that included stress balls, candies, and encouraging quotes to the students. In 2020, Lambda Chapter significantly expanded the event by hosting a study break where the students could drop by and enjoy various self-care activities such as coloring patterns, sharing encouraging notes and goodie bags to embrace the spirit of “paying it forward” through small acts of kindness.

The Caring Community 4K (CC4K) took place on a Saturday morning of March, when spring started to bloom outside last year, at a local park called the Carolina Forest. At this annual event, the Sisters and Brothers of Lambda Chapter, as well as other members from the community, gathered to walk or run and enjoy each other’s company. This charity trail helped raise money for the Caring Community Foundation (founded by KE alum Jill Wolford!) which is a local organization that financially supports cancer patients and their families in the Triangle area by providing assistance for various expenses related to cancer treatment.

Chapter Updates

XI

University of Texas at Austin | Austin, TX

Kappa Epsilon Xi Chapter at the University of Texas at Austin had an impactful year which consisted of numerous service, social, and fundraising events. During this past year our chapter continued to grow as 7 new members were initiated during the fall 2019 semester. Historically a smaller chapter, this brought our membership to 20!

Our service events this year included raising awareness for breast cancer by painting breast cancer T-shirts at the college of pharmacy, hosting “Pink out Wednesdays”, and volunteering in the breast cancer survivor’s tent during the Komen Pink walk by passing out refreshments and snacks to participants. We also helped raise awareness for ovarian cancer in September with our “Stomp Out Ovarian Cancer” poster, which was covered in paper feet signed by students, and “Teal out Tuesdays”. We helped spread awareness about osteoporosis at HEB through a Kappa Epsilon Foundation grant this year by educating members of the community during a Second Saturday Health Screening that HEB hosts. We also participated in events for our chapter initiative, poison prevention, which included events such as Longhorn Halloween and Great Oaks STEAM Night. Our chapter took the initiative to teach young children how to tell the difference between everyday household products or medications that resemble food or candy. We used our Yum/Yuck poster and bean bag toss board game to turn the learning into a game the kids could enjoy.



Top from top left to top right: Lauren Welton-Arndt, Ashley Sotoodeh, Priyanka Thundiyath, Grace Akinyemi, and Prakruti Gandhi. Middle from left to right: Amrita Kanwar, Kathy Nguyen, and Kayla Rhodes. Bottom from left to right: Nida Madni, La Neria Sanders, Sallyanne St Jacques, Ashley Cha, Lindsey Dekowski, and Taylor Britton.

This year the Xi Chapter created semester themes to help draw in more members. The fall theme was Disney while the Spring semester was Harry Potter. The themes were a huge success in not only bringing in more members but also created a connection between new and existing members. The Xi Chapter continued the historical scavenger hunt tradition for potential new members. The PNMs were greeted by current members at each new location who would teach them a piece of Kappa Epsilon's history and then present them with an item that symbolizes KE. Following the scavenger hunt, PNMs were taken to dinner for the semi-annual banquet where current members and pledges further strengthen their growing bond.

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XI

University of Texas at Austin | Austin, TX

The socials this year included our traditional first social of hiking to see Austin's 360 Bridge with pizza to follow but also new socials such as, canvas and pot painting, dart'em up at a local arcade, patient assessment lab preparation with our members as patients, an alumni dinner with Gay Dodson, a women's health conference, history night, and many many coffee/study socials.

We also wanted to shine some light on our members' achievements. We wanted to congratulate two of our members for being elected to our Pharmacy Council executive team: Nida Madni and Prakruti Gandhi. We wanted to congratulate Amrita Kanwar, Priyanka Thundiyath, Uyen Tran, and Ashley Sotoodeh for getting inducted into Rho Chi Honor Society and Amrita Kanwar, Deepali Bhandari, Nida Madni, La Neria Sanders, Gabriela Ortiz, and Ashley Sotoodeh for getting inducted into Phi Lambda Sigma Honor Society! Lastly, we wanted to congratulate Priyanka Thundiyath for becoming intern to the VP of Alumni Development and Ashley Sotoodeh for becoming VP of Membership Recruitment on Grand Council! Such amazing accomplishments for Xi Chapter!

Throughout the year our chapter has grown close as we each do our part to help each other and our community. We plan to continue to grow and improve our organization with more events focusing on breast cancer, ovarian cancer, and poison prevention in the years to come.



Top from left to right: Kayla Rhodes, Amrita Kanwar, Ashley Sotoodeh, Grace Akinyemi, Lauren Welton-Arndt, Priyanka Thundiyath, Prakruti Gandhi, Kathy Nguyen, and Deepali Bhandari. Bottom from left to right: Reagan Pfeffer, Sallyanne St Jacques, Nida Madni, La Neria Sanders, Ashley Cha, Lindsey Dekowski, and Taylor Britton.



Chapter Updates

TAU

Virginia Commonwealth University | Richmond, VA

Tau chapter prides itself on the involvement and leadership of its members in other pharmacy organizations. Some achievements to highlight include Tau sister, Kayla Lucas, who is currently serving as the Region 2 Regional Delegate of APhA and Vice Chair of ANFP. Kayla says of KE, “without the support of my KE sisters, I wouldn’t have had the courage to run for either of these positions. I look to their accomplishments daily to motivate me to find new ways to improve myself.”



KE members of VCU SoP class of 2021 following their induction into Phi Lambda Sigma in 2019. From left to right: Lisa Baker, Carley Sadler, Jessica Phan, Lindsey Thompson.

Kayla is not the only member making strides in leadership. We had numerous members complete VCU’s Gayheart Leadership Development Program. Carina D’Alessio says of the program, “This program is put on by leaders within our school and teaches students ways to be an effective future leader. Some of these lessons included how to be resilient with grit, how to communicate and listen, how to negotiate, and how to identify your personal strengths and utilize those as you lead. I have been able to practice these lessons through some of my leadership roles in the school, and I have also been able to share what I’ve learned with some of my KE sisters.” Ajla Pasic states, “This year, I was given the opportunity to be a part of a program that helps cultivate an effective leadership style and learn more about others at the VCU School of Pharmacy. These skills enabled me to bring to life a mentorship program to our chapter with the alumni and current members. The GLDP was a unique way for me to learn more about myself, as well as to better connect with three other KE sisters that were also in the program.” April Wayne states “through my experiences in GLDP, I have developed skills, such as self-reflection and self-awareness tactics, that are necessary in being an effective leader.”

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TAU

Virginia Commonwealth University | Richmond, VA

Tau chapter develops such outstanding leaders, many members serve on executive boards of student organizations and we currently have 15 Classes of 2021 and 2022 KE sisters in Phi Lambda Sigma. We even have one of our sisters, Jessica Phan, serving as the current chapter president. She acknowledges Tau chapter for playing a part in her success. "Without their unwavering support, I wouldn't have been brave enough to get outside of my comfort zone, run for this position, and successfully hold the position this past year." All of this involvement has earned our chapter with a great reputation within the school and community. Dean Ogbonna, says of KE Tau, "it is not only evident that the organization provides great growth and leadership experiences for members, but more importantly I enjoy seeing how KE gives back to the community, to the greater Richmond area and beyond. Servant leadership is focusing not only about what you can get out of something but instead what you can do for others. Kappa Epsilon demonstrates great servant leadership." KE Tau chapter is extremely proud of its leadership and look forward to what is to come in the next biennium!



Chapter Updates

ALPHA BETA

Southwestern Oklahoma State University | Weatherford, OK

We, the Alpha Beta Chapter, at Southwestern Oklahoma State University are excited to discuss what has been going on in our organization! First, we will share about the Fall 2019 semester. Through our rush events, we were able to recruit two new members. We hosted a game night and made sock cupcakes with mints to give to local nursing homes. The residents loved them, and we look forward to hosting this event again! We held several events and fundraisers in October. We held our annual Hygeia Bowl where we competed against other pharmacy organizations. As part of this event we played flag football, and our organization won! We also held our annual PharmCORP event. This event allows students from high schools in Oklahoma to come to our college to experience and learn about becoming a pharmacist. We had seventy-two students come to our event, and it was a big success. Another event we also do annually is Apothescary. This our Halloween event where we have a fun party where all of the pharmacy students are invited. Everyone had a great time at the party!

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On March 6th, 2020, our Founder's Day event was held at the Adventure Hall in Weatherford, Oklahoma. This picture shows a collection of the members who were at the event that day. Their names are from left to right: Kayla Olson, Andrea Zearley, Kaelan Jeffrey, Kena McCord, and Emily Struble.

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ALPHA BETA

Southwestern Oklahoma State University | Weatherford, OK

In October, we had two fundraisers. One was a bake sale where we raised \$132 for the Clinton Police Department, and the money was used to get toys and hygiene items for any DHS kids they encountered. The other sale was with Hurt's Doughnuts and we raised \$198 for our Founder's Day event. In November, we held our annual Chili Supper at the Weatherford Church of Christ. This year we were able to get all of the pharmacy organizations at our school to enter the cook-off with eight organizations participating! We raised almost \$1200 at the event. The money we raised at this event was donated to Cavett Kids, which is an organization that helps terminally and chronically ill children. In December, we made Christmas cards as a big social event and sent them to the patients at a nursing home called Corn Heritage Village. The residents loved the cards!



On October 2nd, 2019, the Hygeia Bowl was held! Kappa Epsilon, Kappa Psi, and Phi Delta Chi members who played flag football on the ASAP Energy Field at the Milam Stadium at SWOSU are pictured above.

Now, we will share what happened during the Spring 2020 semester. This semester's rush events included a trivia and coffee night. We were able to recruit six new members this semester. For fundraising, we hosted flockings where we put flamingos in people's yards and they donated money to remove them. We raised \$440, and it was donated to a cancer organization. In March before spring break, we held two events, Founder's Day and Mom's Day. Our Founder's Day event was held to remember and honor the organization. On Mom's Day, our members invited their moms to have fun making acrylic drip pour paintings. Unfortunately, our Spring semester was cut short by COVID-19 and our other events and big fundraisers were canceled. Although this happened, we still had a great semester! In a last bit of news, the Alpha Beta Chapter made an Instagram account, and you can follow us at @kappa_epsilon_alpha_beta.



On March 7th, 2020, our Mom's Day event was held at the BCM in Weatherford, Oklahoma. We invited our moms to come and make acrylic drip pour paintings. Pictured above is Makayla Herbst showing off her painting!

Chapter Updates

ALPHA THETA

University of Arkansas for Medical Sciences | Little Rock, AR

The University of Arkansas for Medical Sciences College of Pharmacy, located in Little Rock, Arkansas, is home to the Alpha Theta Chapter of Kappa Epsilon. We have had an exciting year thus far continuing old traditions and creating new ones. During the 2019 recruitment week, we hosted our rush party at a local dog park. The dogs were a great way to “break the ice” and get to know prospective new members in a relaxed and fun environment! On January 8th, we kicked off the spring semester by officially initiating our 15 new members.

The Alpha Theta chapter stayed busy throughout this year working hard to raise funds for our philanthropies; breast cancer and ovarian cancer awareness. Teal Light Night is an annual fundraiser for the Arkansas Ovarian Cancer Coalition that our members participate in. The night honors survivors, remembers those who have passed on, and supports awareness and education about ovarian cancer. We also held an event to fundraise for our philanthropies at Bark Bar, Arkansas’ first indoor/outdoor, off-leash dog play area and bar. Members sold tickets to the event and donated items for the silent auction. The event was a huge success!

Our members continued to grow in fellowship this year through our social events. During the fall semester, we visited a local pumpkin patch and exchanged ornaments at our annual Christmas party. In the spring, we hosted our first alumni social as a way of networking and reconnecting with old friends. Additionally, five of our members and our Advisor attended the national convention in Charleston last summer. It was a wonderful experience and our Chapter Advisor Dr. Melanie Reinhardt received the Outstanding Advisor Award for 2017-2019. We held the first-ever “Professor Pie in the Face” contest to raise funds for convention registration. The school-wide contest was a huge success and so much fun. Huge thanks to Dr. Chris Johnson for taking the pie like a champ! Over the next year, we look forward to another year of creating lifelong friendships and continuing to support our philanthropies.



Teal Light Night September 2019



Bark Bar Philanthropy Event October 2019

Chapter Updates

ALPHA PI

Howard University | Washington, DC

The ladies of the Alpha Pi Chapter, at Howard University, in Washington, DC would like to extend a hearty greeting to our brothers and sisters of Kappa Epsilon from the nation's capital!

We are proud to share with you all our accomplishments for the 2019-2020 school year; starting with us welcoming the class of 2023 to our campus. Throughout the 2019 Recruitment period, our chapter introduced new and innovative activities to our KE Week agenda such as KEEp Up with KE, KEys to Success, Red Table Talk, and Kampus Engagement.

As a result of our hard work and dedication of bringing into our organization quality members who uphold the values of KE with high esteem, we doubled our membership by officially welcoming in 9 new members to the Alpha Pi Chapter on March 22, 2020.

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Alumni Mixer (from left to right) Jessica Lyons, Aminah Taylor, Taylor Thibeaux, Dominique Harp-Monye, Isatu Bah, Dr. Kim Raines, Dr. Derrick Anderson, Dr. Yolanda McKoy-Beach, Dr. Tamara McCants



Back to School Cookout (from left to right) Jessica Lyons, Isatu Bah, Dr. Tamara McCants, Aminah Taylor, Taylor Thibeaux

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ALPHA PI

Howard University | Washington, DC

In addition to recruitment, our chapter has been actively increasing our presence on social media and campus. Recently, we partnered with other pharmacy organizations at our College of Pharmacy in an effort to donate face masks to the homeless during the COVID-19 pandemic.

As a chapter we are excited about our accomplishments from this year and are eager for the upcoming 2020-2021 school year as we continue to grow our chapter and strengthen the bond of brotherhood.



KE Week (from left to right) Ashley Henry, Taylor Thibaux, Alisha Bailey, Aminah Taylor, Morgan Laushaw, Jessica Lyons, Isatu Bah



KE Week (from left to right) Isatu Bah, Taylor Thibaux, Gerlynn Calvaire, Morgan Laushaw, Alisha Bailey, Dominique Harp-Monye, Aminah Taylor, Ashley Henry



Meet Alpha Pi (from top left) Ashley Henry, Jessica Lyons, Dominique Harp-Monye, Alisha Bailey, Morgan Laushaw, Isatu Bah, Aminah Taylor, Gerlynn Calvaire, Moozdeleefa Muhammed, Hollye Weekes, Aisha Siddique, Sasha Pierre-Paul, Ndidi Okoh, Kendra Getaw, Morgan Howard, Mariceus Jarvis, Amber Perrier

Chapter Updates

BETA GAMMA

South University | Savannah, GA

Kappa Epsilon Beta Gamma has participated in many fundraising and philanthropy events over the last two years. In October 2019, members of KE brought non-perishable items such as canned goods, chips, crackers, and waters and distributed them to homeless shelters around Savannah, GA. Almost 100 “goody” were given out as “Trick or Treat for the Homeless”. Also, in the month of October, KE had the privilege to work with APhA to raise money for Breast Cancer Awareness. APhA had the idea to do a “Pink Pie Your Favorite Professor” and asked KE to join in since that is one of the focuses of KE. We were able to raise almost 500 dollars which was donated to Susan G. Komen. For fundraising, KE has participated in the “Domino’s Slice the Price” campaign where each member is required to sell at least four cards. KE was able to raise about 700 dollars. This fundraiser has been KE’s largest fundraiser for the last two years.

Our bid day was very successful this year and I heard many people talking about how much fun they had. KE members invited those who had received a bid to come accept it at Butter Bean Beach in Savannah, GA. The view was beautiful and Chick-fil-a sandwiches were provided as a meal.



Chapter Updates

BETA MU

University of North Carolina at Asheville | Asheville, NC

Greetings from the Beta Mu Chapter! We have been very busy in the last biennium and have tremendously grown as a chapter. We've had tremendous success recruiting amazing individuals with each incoming class and have seen them all contribute so much to the chapter. We've had multiple members be inducted into Rho Chi and PLS and also lead on the executive committee of other student organizations here on campus. Lastly, we take great pride in all our service events and philanthropic endeavors.

The incoming executive committee and returning members picked up right where the outgoing executive committee left off in May of 2019. The chapter was able to host a beautiful gala on May 18, 2019 to help raise money for an endowment in memory of a fellow Kappa Epsilon member, Michael "Mikey" Nam. It was a night of laughter and remembrance. We had family, friends, faculty, staff, preceptors, and Kappa Epsilon alumni join us on that wonderful evening. With everyone's help, the chapter was able to far exceed our goal of \$25,000 and ensure that Mikey's way of life would always be remembered. Everyone that night helped pay it forward to future generations of pharmacy students.



There are no losers in this chapter. We're just one big pharmily enjoying each other's company... especially if it involves kickball. After the game, we were able to sit and enjoyed some North Carolina BBQ with everyone else at the annual cookout that the school hosts.

Later in the summer, we were able to attend the National Convention and were overjoyed to hear Beta Mu's name announced to receive the Community Service Award. We don't do these events for fortune or fame; we create service events because our members requested it. We wouldn't be able to function without them and we always take their thoughts into consideration when planning for the Beta Mu Chapter. It was a delightful feeling to be recognized at the National Convention for all we've done and also heartwarming to know how much Kappa Epsilon members truly care for each other. Other awards our chapter has been blessed with include our chapter advisor, Dr. Charlene Williams, receiving the KE Career Achievement Award and our former vice-president, Liw Panichakornkul, receiving the Zada M. Cooper Scholarship.

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Members posing for a photo before the big rush at Camp Blue Skies on October 12, 2019. If only we had a photo of how exhausted they were after the camp.



Members holding up beautiful posters we made to walk with at the Out of Darkness Walk for Suicide Awareness and Prevention on October 6, 2019.

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BETA MU

University of North Carolina at Asheville | Asheville, NC

All of our members enjoyed all the activities we had planned for them during the Fall Semester. Some highlights include our annual Murder Mystery Party (with a Harry Potter theme) and our school-wide kickball game that we host right before enjoying the school's annual cookout. Everyone's was passionate about the subject of mental health and well-being and we continue to see this by their involvement in events which advocates for the well-being of others, both physically and mentally. Examples of this include the chapter participating in the annual Out of Darkness Walk which promotes suicide awareness and prevention and also hosting another Pay It Forward day for the community here on campus. We were able to share many methods to the community on how to destress from the every-day student life by joining us in petting therapy dogs, competing in our inflatable jousting arena, and much more! A selected few were chosen to go attend Camp Blue Skies to help with the medications for the campers. This camp holds a special place among collegiate members and alumni alike. UNC alumni, some of who are members of Kappa Epsilon, travel with us to precept the collegiate members while we help with the medication for campers who have a developmental disorder. This is a tradition we hope to keep forever. As for our physical health, we have won back-to-back volleyball intramural championships and also won championships in intramural flag football, dodgeball, 3 versus 3 basketball, and indoor soccer. We love competing among each other and the community.

We also had social outings with our members throughout the year. Being able to drive a few minutes to enjoy the beautiful Blue Ridge Mountains is a favorite among us all here. We also love walking exploring downtown Asheville and experiencing

the various food and drinks this city has to offer. We're not limited to just this city though. We have 7 members who will be traveling abroad during their 4th year for an advance pharmacy practice experience. The countries some of them will be traveling to include Honduras, Malawi, India, England, and Australia. We want to wish them safe travels and hope to hear about their experience once they return.

This campus is a great environment for us all to build lasting bonds with each other and our faculty and staff has made it so easy for us all to feel like one big Pharmily. It brings us all great joy to see so many members of our chapter accomplish so much. We've enjoyed our time here as collegiate members and we're looking forward to see what future members have in store for the Beta Mu Chapter. We want to congratulate the Kappa Epsilon members who are graduating and wish them the best in all their endeavors.



Recruitment was a bit magical this year. Look at these cheerful wizards trying to enjoy their night on September 13, 2019. But there's a dark secret about this party... it's a Murder Mystery Party and you better hope you can find all the clues to make sure the murderer doesn't get away with the crime.

Chapter Updates

BETA XI

Chicago State University | Chicago, IL

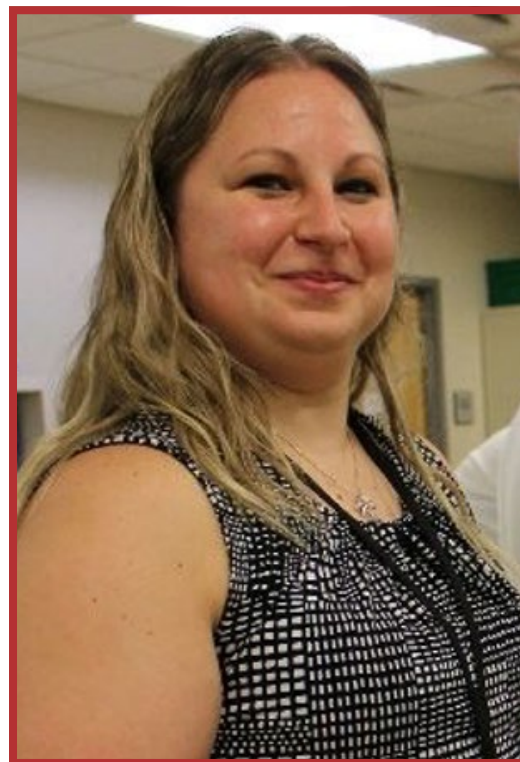
Beta Xi chapter is proud to highlight our sister Sandra Olk, a Beta Xi charter member and the 2019-2020 President of the American Association of Pharmaceutical Science (AAPS) at CSU, for initiating the First Regional Compounding Competition.

Sandra has created a great environment for the students from local pharmacy schools to engage with one another and show off their compounding skills. The compounding competition consisted of three major components— Innovation Challenge, Compounding, and Mortar & Pestle Quiz Bowl. With the compounding competition being an all day event everyone was served a catered breakfast and lunch. All participants received t-shirts, gift bags, and a certificate of participation.



Hadi Choucair-P1 (left), Kyrrah Offett-P2; 2019-2020 Beta Xi Chapter President (Center), David Brewer-P2(right)

Sandra has received numerous compliments and words of encouragement from the participants, judges, and faculty for starting just an amazing tradition for Chicago State University College of Pharmacy. With Sandra's determination and urge to always go an extra mile to accomplish tasks, she has successfully brought nothing but inspiration to the Beta Xi Chapter. Keep up the GREAT work Sandra!



Sandra Olk
(P2; Beta Xi Founding Member)



INAUGURAL KAPPA EPSILON INTERN PROGRAM

2019–2020



Alicia Brenner

The past 5 months as the President-Elect's intern have been amazing! I have had the pleasure of assisting on multiple projects while learning more about how our Fraternity is run on the national level. Under the President-Elect, some of the activities I have completed include providing updates to national documents, participating in a pilot leadership series, and providing feedback and data for the webinar program. Throughout these activities, I have always felt that any insight and suggestions I provide are valued by the President-Elect and that my place as an intern is extremely important. Additionally, I was afforded the opportunity to

virtually attend a Grand Council meeting, which opened my eyes to the inner workings of KE. From this meeting, I found that each Grand Council member dedicates a great deal of their time to KE and they treat it as a second (or third) full-time job. Grand Council is truly here to support all members. They are continuously trialing new ideas to promote engagement while providing as many opportunities as possible to make our membership valuable. I look forward to what is to come of this internship and am extremely thankful for all I have learned thus far!



Hunter O. Rondeau

Serving my Fraternity in a novel role as one of the Grand President's Interns continues to develop my strengths and identify areas of improvement. One of the projects I helped develop include the development of a G-Suite framework to help provide a user-friendly experience and valuable data for future projects. It is motivating to operate in an environment where what you have to bring to the table is sought while benefiting the Fraternity. The various projects my co-intern, Alexis, and I developed finally pushed me to sit for and obtain a G-Suite certification. While I continue to enjoy utilizing my skill set for the Fraternity, I have found

fulfillment in my time working with the Grand Council. This has inspired me to focus on projects geared towards strengthening the bond between collegiate chapters and the Grand Council. Due to the current storm we all are finding ourselves in, staying connected and supporting each other has never been more critical. I look forward to developing new ways of bettering our Fraternity at both the national and collegiate level.

Continued...

INAUGURAL KAPPA EPSILON INTERN PROGRAM

2019–2020



Alexis Youngpeter

Since my initiation into Kappa Epsilon my first year of pharmacy school, my passion for the Fraternity, as well as the profession of pharmacy, has continued to grow. I also continue to have various opportunities to work alongside Grand Council members and fellow interns who share these same values and ideals. Collaborating with my co-intern, Hunter, we have worked countless hours on several projects we are excited to unveil in the future. I have learned a great deal on how to work closely with other team members, regardless of distance. While this sometimes serves as a challenge, it has been extremely rewarding to create relationships with

incredible individuals I would not have had the opportunity to work with otherwise. Together, Hunter and I, along with the rest of Grand Council, hope to strengthen the bond between collegiate, alumni, and Grand Council members over the remainder of the current biennium. I am extremely fortunate for the opportunities I have been presented with thus far. I cannot wait to work more closely with this amazing group of hardworking and dedicated individuals.



Enxhi Plaku

Serving as one of the VP of Alumni Development's Interns has provided me with invaluable experiences and a better understanding of Kappa Epsilon as a national organization! One of the main projects I have had the opportunity to work on was the development of a leadership book club series. My co-intern, Priyanka, and I produced an article for our alumni newsletter summarizing a leadership book and encouraging alumni to participate in our book club to further develop their leadership skills. In addition to the article, we were even able to try our hands at producing a podcast giving a brief synopsis of our views on the book and main take-home

points! This not only took me out of my comfort zone, but it allowed us to provide the information in a different and creative way! I have also been able to give feedback on future alumni development projects and needs assessment surveys. Because of this, I have gained insight into how much KE cares about its current and future alumni; providing various tools for alumni professional development and constantly assessing the needs of alumni to provide better and more targeted resources. As a very soon-to-be alumnus, I am excited to be a part of providing these tools and what the future holds for me as an intern, brother of KE, and pharmacist!

Continued...

INAUGURAL KAPPA EPSILON INTERN PROGRAM 2019–2020



Priyanka Thundiyath

My experience as an intern for the VP of Alumni Development has been amazing. I have been able to contribute to many projects. One of the bigger projects I contributed to with my co-intern is a pilot leadership book series where we wrote a book review on a leadership book and recorded a podcast to share our thoughts. Through these experiences, I have learned that KE strives to create initiatives that impact the community and find resources that help the alumni. It is clear that KE values their alumni and I feel excited to know that the work I'm doing will have an affect when I am an alumnus myself.



Tatyana Franklin

My time as the VP of Communications intern has been both rewarding and informative. I've learned so much about how this fraternity functions nationally. I really appreciated being able to attend a Grand Council meeting via Zoom and seeing what being a part of the Grand Council entails. This position pushes me outside of my comfort zone, allowing me to develop new skills and improve my current strengths and weaknesses. Since being initiated into the Alpha Nu Chapter of Kappa Epsilon in the Spring semester of 2018, I knew that I wanted to be more than just a Member. I wanted to commit to the Fraternity beyond my collegiate years. As

an intern, my biggest role so far has been hosting a webinar on social media engagement. Some of the other activities that I assist the VP of Communications with include updating social media platforms, developing informational and instructional videos, and completing The BOND. As I continue my time as an intern in this pilot program while being a fourth-year pharmacy student, I will continue giving 100% to all tasks assigned to me. I sincerely appreciate all of the opportunities that this position has provided me thus far, and I am excited for what's next to come during this biennium.

HOW THE COVID-19 PANDEMIC HAS CHANGED PHARMACY SCHOOL

Tatyana Franklin, Xavier University Doctor of Pharmacy Candidate (2021)

VP of Communications Intern

When the Spring semester started in January, I was filled with excitement from just the thought that it was my last semester of didactic classroom training, APPE rotations were starting in the summer, and I would be graduating within the next year. My typical day consisted of driving to school, fighting traffic, and learning inside a classroom with my peers. By the middle of March, the school semester took an abrupt turn. Unexpectedly, COVID-19 forced the Xavier University of Louisiana to completely switch to virtual instruction, and suddenly my school routine changed. A typical day of class during the COVID-19 pandemic started like this: waking up a few minutes before my morning class, and logging onto Zoom (while laying comfortably in bed). During “class time” my video was always turned off, and microphone muted. I often found myself texting, playing games on my iPad, writing emails, or stepping away from the computer to get snacks. But the million-dollar question is “how did I succeed in virtual classes during the COVID-19 Pandemic?”

Even though this pandemic was an overtaking situation to deal with, I was still in control of my learning and kept up with my classes. This control can be attributed to accountability. Two things that I mastered during this time was self-discipline and time management.

I'll start with self-discipline. Online classes require more attentiveness and motivation. Initially, I found it challenging to focus on the computer screen for extended periods of time. I gave in to the temptation of browsing Safari, texting, and watching TV. I knew that I had to change my habits so that I could end my semester successfully. To concentrate more during virtual classes, I created a study

schedule and a workspace. I learned through experience that attending class while lying in bed is not beneficial: it is easy to fall asleep unexpectedly! Eventually, I began to use my kitchen table as a desk which significantly helped improve my focus. Most importantly, I learned to put my phone away out of reach during class time, so that I was not checking it every other minute. Beyond adjusting my habits, I also had to overcome the burden of some professors lacking knowledge on how to best utilize Zoom or WiFi and IT problems resulting in classes being canceled. Even during these times, I was still responsible and accountable for knowing the material. Thanks to these practices, I mastered self-discipline to overcome all of the challenges presented.

Next is time management. Even though I was at home and not on campus, I still needed to complete my scheduled 13-hour course load of “in class” instruction plus study time. There are many time management apps available, but I used the Trello app to organize and prioritize my personal assignments and projects. This app is very graphic, and I found it easy to use. My Apple Calendar also greatly helped with keeping me on track for class and setting an allotted time for studying.

The COVID-19 pandemic may have been a burden to my academic studies, but it has also forced me to mature as a student. It has allowed me to be more accountable in my actions and taught me to make positives out of a negative situation. I've also strengthened my skills of adaptability, patience, and resilience. Even when the COVID-19 pandemic ends, these lessons and skills will follow me throughout my career KE-4-Life – cute saying, but what does it really mean? While I may not have

HISTORY TIDBITS

METTA LOU HENDERSON (SIGMA), PAST GRAND PRESIDENT



Why Kappa Epsilon was Founded

The idea of Kappa Epsilon began in 1917 during two separate meetings at the American Pharmaceutical Association (now American Pharmacists Association or APhA) convention in Indianapolis. Women pharmacy students from Purdue University expressed their interest for an organization to unite all women pharmacy students in the United States to their Dean, C.D. Jordan. The Women's Section of APhA responded by appointing a special committee to investigate the suggestion. Professor Zada M. Cooper, who was faculty at the University of Iowa Pharmacy, served as chairman of the committee, and determined that a professional sorority was favored more than a separate professional pharmaceutical association for women. They also learned that not all deans approved of the formation of a sorority, however, there was enough support to justify the recommendation.

Additionally, during their 1917 annual meeting, The American Conference of Pharmaceutical Faculties (now the American Association of Colleges of Pharmacy), created a committee for student and alumni activities with Dr. Rufus A. Lyman, Dean of Pharmacy at The University of Nebraska, as chairman. His committee created a survey of the pharmacy colleges and found several existing local clubs for women which provided professional and social value to students. At the next meeting in Chicago, Illinois, Dr. Lyman's committee recommended that the succeeding committee be instructed to organize a pharmaceutical sorority in conference schools. The Women's Section of APhA endorsed Dr. Lyman's recommendation that year. However, the process was delayed by the disruption of World War I and by the influenza epidemic from 1917 to 1920.

In 1920, Miss Zada Cooper tried to bring all existing local clubs and sororities into one national Greek letter society but this proved impossible since too many concessions were involved. However, she did find agreement of purpose among the women's clubs of the University of Iowa, the University of Nebraska, and the University of Minnesota. These three groups founded KE on May 13, 1921.

One of the early requirements was that chapters would have to be chartered in colleges accredited by the American Conference of Pharmaceutical Faculties, needed a four year high school entrance requirement, and a graduation requirement of not less than two full years of thirty-two weeks. (note: high school graduation was not required by all colleges until in the 1930's).

The aims and purposes for Kappa Epsilon were: (1) to unite women students of pharmacy; (2) to cooperate with faculties of the colleges; (3) to stimulate in its members a desire for high scholarship; (4) to foster a professional consciousness (5) to provide a bond of lasting loyalty, interest, and friendship.

Updates from Officers of the National Grand Council

WHAT DOES KE-4-LIFE REALLY MEAN?

Denise Schultz, BS, MS, RPh | VP of Financial Development

KE-4-Life – cute saying, but what does it really mean? While I may not have the exact answer for each individual member, I thought I'd like to share my 45+ year perspective on this concept.

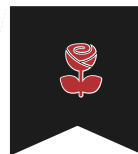
Just as the saying implies, the basic meaning is once you initiate into Kappa Epsilon, you become a member for the remainder of your life. And as a member, you have certain responsibilities to the Fraternity. Most of you have a working knowledge of what that means at the collegiate level - you need to attend chapter meetings, participate in professional and community activities, pay national and local dues, educate new members on KE's national history and your respective chapter history, maybe run for an office position, possibly chair or serve on a committee, and last, but certainly not least, build a bond of friendship with your fellow sisters and brothers.

But what happens after graduation? To me, the answer to this question comes back to why you joined KE in the first place and what you stand to gain from the experience. For most of us, we probably joined KE for two reasons. First, we really liked meeting the existing members and shared some commonality with them – we saw future friends among them. And second, we wanted to be involved in an organization that focuses on professional development, community involvement, and leadership.

First, I'm going to delve into the friendship concept from my experience. I can say hands down, my KE chapter sisters are some of the best life-time friends I have ever known. I've been in their weddings, celebrated the birth of their children, shared what was happening with our jobs and our lives, cried on their shoulders through my personal losses, and tried my best to support them during their personal losses.. And the amazing thing is, many of these people I may see only once every 5 to 6 years. We don't live in the same state anymore, but we stay in touch – even if it's only with a quick phone call to catch up. And when we are able to get together as a group, it's like we never left college.

I am also very fortunate to have some great life-time KE friends on the national level as a result of staying involved post-graduation. This group of KE friends travel together at least once a year (usually, but not always, on a cruise), sit in the back of the room at national KE conventions soaking up the KE-4-Life experience, and have learned to Zoom during the COVID pandemic with virtual happy hours, making sure that none of us feel isolated during these trying times.

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WHAT DOES KE-4-LIFE REALLY MEAN?

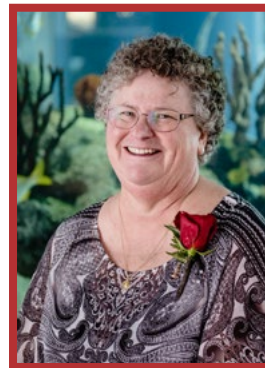
Denise Schultz, BS, MS, RPh | VP of Financial Development

While in school I attended a national KE convention where I met then Grand President Susie Bartlema. The next year, while I was still a student, I ran into her at an APhA meeting and over the years at APhA and other professional meetings, she in turn introduced me to other KE's such as Gloria Franke, Metta Lou Henderson – a Past Grand President, Mary Louise Anderson, and Joy Donelson, all of whom were/are women pioneers in pharmacy. These women were added not only to my friend list, but my mentor list as well. What an honor it has been for me to be able to talk with these ladies and learn from their experiences. Looking back, I realize that having met these individuals and attending numerous national KE conventions and regional programs, as well as holding several national KE offices, I gained new skills in leadership – working with others to achieve a common goal, self-confidence, motivation, organizational management, communication, and maintaining a positive attitude – all of which led to advancements in my professional career.

My chapter's community programming included performing puppet shows for children ages 5-8 on poison prevention with a skit called "Little Jill," soliciting food for the local food pantry, and bringing holiday cheer to nursing homes. Through this involvement, I gained an appreciation for what it means to give back to the community, even if it's just with our time. I still do this today through participation with various local non-profit organizations. This community involvement also helped me realize that each of us holds the title of being a leader just by being a pharmacist. We are looked up to for being both knowledgeable and willing to help others when they are in need.

So what does KE-4-Life mean post-graduation? Well, you continue to have certain responsibilities. You should continue to pay national dues, participate in professional and community activities, mentor KE interns and new pharmacists – introduce them to other KE's and pharmacy titans, possibly consider running for a national office, serving on a committee or the Foundation, and last, but certainly not least, continue to build and support the bond of friendship with your fellow KE sisters and brothers. It means staying involved because you made a commitment to do so when you pledged and initiated into KE.

And from my personal perspective, KE-4-Life means looking backward and forward over my life and recognizing that so many of my friendships, as well as business and community awareness opportunities began with Kappa Epsilon and will continue to grow with Kappa Epsilon. I'm so proud to be a KE.



Denise Schultz, BS, MS, RPh
Vice President of Financial Development

Updates from Officers of the National Grand Council

THE IMPORTANCE OF THE CHAPTER PLANNING REPORT

Kristina Rossus, PharmD | VP of Collegiate Development

Let's be honest – when you first look at the Chapter Planning Report it can be a little overwhelming, and may even feel a little pointless. However, submitting fall reports is one of the most impactful actions your chapter can take to kick-start a successful academic year. Your reports are used by Grand Council to determine where to put time and resources. They can also assist your chapter in guiding its trajectory for the year. Providing detailed fall reports, including the Chapter Planning Report, not only helps Grand Council continue to assist you, but it also helps your chapter!

One of the easiest places to start is with your chapter's goals for the year. Specific, measurable, attainable, relevant, timely (SMART) goals offer your chapter something to work towards even when things get thrown out of whack (see COVID-19 pandemic for a plethora of examples of how that can happen). Not only do SMART goals offer an outline for your chapter's actions, but they also foster a clear and mutual understanding of what constitutes success. The Chapter Planning Report is a great place to detail your SMART goals for everyone to work from. Similarly, the Member Dues Report is perfect for identifying financial and recruitment goals.

What better way to start the fall semester than to set your chapter up for its personalized version of success? Here are some simple tips for filling out detailed Chapter Planning & Member Dues Report!

- **Plan ahead**

- It is a lot easier to provide a detailed report if you know what you need and by when. Take a look at the reports before you fill them out to identify what questions will be asked and what signatures are required.
 - Be aware of the "Dues Report Form - Chapter Record Members" required for the Member Dues Report. This can be found in the Collegiate Chapter Toolkit on the KE website.

- Looking ahead also helps in knowing when each report is due!
 - The Chapter Planning Report is due by September 15th, 11:59 pm EST.
 - The Member Dues Report & Chapter Policy Review Report are due by October 15th, 11:59 pm EST.

- **Collaborate**

- Now that you know what questions are on the reports, consider who may have a say in the answers. Ask your executive board, advisor, and chapter members for input on questions related to goals or planned activities. Together you can capitalize on each other's amazing ideas!

- **Get busy typing**

- The more detail provided in the Chapter Planning Report, the more of an idea Grand Council gets on what support your chapter may need. Utilize SMART goals as a template for your chapter's goals. If your chapter doesn't know specific dates or values, providing a goal timeline or range is appropriate.

- **Revisit**

- Check back in on your goals periodically to see how close (or far) your chapter is from completing them.
- Don't be afraid to make adjustments as the year goes on – it's ok if your chapter goals shift to meet the needs of your members.



Whatever your chapter goals may be, sharing them with your chapter members and Grand Council sets you up for the best success! If you have any questions or need another collaborative thought, please email me at kevpcollegiate@gmail.com!

Kristina Rossus, PharmD
VP of Collegiate Development

Updates from Officers of the National Grand Council

IMPACT OF THE COVID-19 PANDEMIC ON PHARMACY PRACTICE AND OUR FRATERNITY

Salvatore Bottiglieri, PharmD, BCOP | Kappa Epsilon Immediate Past President

Wow! where did the time go? By the time you are reading this article, the fall 2020 semester will be in full swing. I sit here writing this article, reflecting fondly on the memories of our 52nd convention in Charleston, SC. It was great to re-energize, re-focus, and get motivated for another biennium. As I transitioned into my advisory position on Grand Council, it has been wonderful to see the activities of our organization grow and flourish under the phenomenal leadership of your Grand Council President, Erin Lingenfelter, and a highly energized Grand Council.

Personally, this has been an extremely busy year in multiple ways. The first was welcoming my second child to our growing family. I am pleased to announce the birth of our son Gianni Michael Bottiglieri on October 22, 2019. In addition to our son, we also have a very active two-year-old daughter who keeps us on our toes! Additionally, I am the Clinical Pharmacy Coordinator of Medical Oncology Practice at Moffitt Cancer Center. This year has brought a lot of new changes to our practice including new team members, lots of new medications, new drug combinations, and an ever-growing practice that has kept us all more than busy.

On top of the demands that I face as a clinical pharmacy coordinator at one of the top ten ranked cancer centers in the United States, I have also had to lead my team through the sudden challenge of a viral pandemic. I would have never imagined that we would be in such a unique position, and I am certain that many of you, as collegiate or alumni members, can see a parallel between the issues that we are all dealing with.

My team works directly with patients; providing chemotherapy education, chemotherapy order dosing, drug information, and many other clinical services alongside our medical oncologists in approximately 10 outpatient specialty clinics and three inpatient oncology rounding services. The nature of our work and the decision for the center to limit all patient and provider contact during the peak of the pandemic forced my team and I to re-invent our practice. I quickly prepared my team to work remotely, which was no small feat. This process involved several steps, including obtaining secured dually authenticated access for team members, getting proper technology for team members (laptop's, iPad's, etc.), developing a communication chain in situations where technology did not work or for urgent patient care needs, and developing a process to provide patient education remotely.

There were several lessons that I learned throughout this process that I feel may also apply to you all as you prepare for the Fall semester while facing continued challenges of running your collegiate or alumni chapters from afar.

- **Technology, Resources, and Skills:** It is highly important to be sure your teams have the resources they need to be successful in their roles. Many of you, as students, already have the devices and tools at your fingertips, but as I prepared my team for the pandemic, I recognized gaps in understanding of how to use, or even access, certain tools. Be sure your chapter's executive board not only has the right technology to complete their work, but also talk about tools to keep productive, and agree to use them collectively as a chapter. These tools may include something simple like a google drive, cloud devices, conferencing

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Updates from Officers of the National Grand Council

IMPACT OF THE COVID-19 PANDEMIC ON PHARMACY PRACTICE AND OUR FRATERNITY

Salvatore Bottiglieri, PharmD, BCOP | Kappa Epsilon Immediate Past President

software, etc. Many of my clinical specialists had to shift their patient education to Zoom telemedicine calls and Doximity phone calls, many of which did not have access or training so it was critical we reviewed these platforms as a group, so they could continue to be effective in their day to day practice. I would encourage you to proactively have these conversations amongst your executive boards and chapter members to continue to effectively run your chapters.

- **Communication:** This, by far, was the most important lesson that I learned throughout the process of preparing and implementing a work-from-home plan for my team. The week leading up to our transition, we implemented a daily team conference call for thirty minutes each day to discuss individual concerns and issues, as well as global process changes. Once my team was working from home, we continued these meetings to touch base daily on any issues related to their practice, which ranged from provider communication, patient education, connection issues etc. We also discussed the transition and timeline back to a new “normal” in our practices. Based on team member feedback I learned that they liked these daily huddles, and have now implemented a twice weekly huddle to touch base collectively as a group. Many of these lessons can apply to your chapters, it is extremely important to keep the lines of communication open between your chapter members as well as potential new chapter members. Consider implementing a weekly e-mail to summarize on going events, needs for the chapter, and officer updates. If your school is continuing in distance teaching and you are not interacting on campus, consider using conference calls for a weekly huddle or socialization time to keep your chapter and unit together.

- **Stay Organized:** As we prepared, I quickly realized the need to stay organized. Staying organized in my role included making a clear schedule for each area of practice. I also developed an emergency plan in case technology failed, which involved a chain of reporting where our specialists would be required to come into the center to continue the practice running during down time. This principal can also apply to your chapters during what may be a somewhat different semester. It will be very important for your chapters to stay organized, keep files centrally so all can access them, and develop weekly or monthly calendars with goals and deliverables for officers and the chapter as a whole.

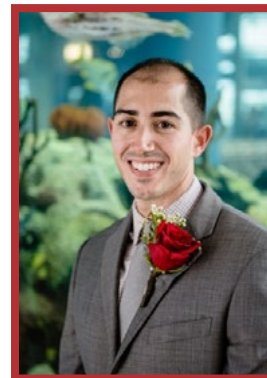
I know this may be a stressful time for all of us, but I know we will persevere as a profession and an organization. Although the practice of pharmacy and medicine will change forever as a result of this pandemic, I have found silver linings that have actually improved our practice. Telemedicine opportunities for our clinical

pharmacy specialists have increased patient education in our center. As a fraternity we will have similar challenges. Don't be afraid to think outside the box and do things different; you might be surprised by the outcome.

In the BOND,

Salvatore M Bottiglieri, PharmD, BCOP

Immediate Past President, Kappa Epsilon Fraternity



Convention History

2003 CONVENTION

The 2003 convention was held at the Fairmont Hotel, Kansas City, MO. The convention started on a sad note when GC President Nannette Bultemeier announced her resignation during her presidential message at the first business session. During the biennium, KE history files were moved from Elise Ash's garage to Kansas City and the American Institute of the History of Pharmacy thanks to Metta Lou Henderson. During this biennium we also crossed into using Beta _____ for our new chapters. Beta Alpha at Jacksonville and Beta Beta at Orlando were the first two.

The KE website was updated and ALL KE forms were loaded on-line now. All manuals were reviewed and the Advisor's Manual was introduced. The purpose was updated to state KE will 'support women in pharmacy—unite women students of pharmacy-- and provide a bond of lasting loyalty, interest and friendship.'

The opening get together on Wednesday featured the fulfillment of a promise. Marg Haehl, VP Finance, promised to kiss a pig if alums could meet her challenge of monetary donations. The alums came through and Marg kissed 'Babe'. Then 'Ms Zada Cooper' (Gayle Brazeau, PhD, The State University of New York-Buffalo) was the judge for the compounding event.

The memorial service was held at St. Micheal and All Angels Episcopal Church with organ playing by Nancy Stankiewicz. Evelyn Suffecool, Omega, creator of the KE Creed was honored during the service.

A Regional Retreat workshop was held to discuss the new retreat program, since the Province program and that VP was dissolved during the second business session. Members were encouraged to keep these meetings alive. A new VP of Communication was elected.

Thursday night entertainment was a dinner musical at the New Theatre Restaurant, featuring the production of GREASE.

Our executive director Nancy Stankiewicz was initiated as an associate member.

Was anyone from your college at this convention? What were their recollections of the event?

Well, if no one was at this convention how about a more recent one -----

[continued on the next page...](#)

Convention History

2017 CONVENTION

Loew's New Orleans Hotel

What a great convention! Come Early, Leave Different was the theme—and we did. Lots of people arrived early to sample the food and jazz of NOLA. Oysters, Po' Boys, Sazeracs, Bourbon Street: some of the fun things we all enjoyed. Sara Snow was GC president for this convention and she passed the gavel to Sal Bottiglieri, our first male GC president.

Our purpose was updated to state “to unite pharmacy students, faculty, and alumni to development of leaders within the pharmacy profession.” (nice to have alumni back in the purpose) The Alumni Interest Committee was added as a standing committee, after being a regular committee for years.



Our new management team, Affinity Strategies, was introduced with the addition of Cayla Marconi as our assistant executive director in attendance. The rebranded KE logo and the new 100th logo were revealed. The logo of “Celebrating a Century of Kappa Epsilon—Proud Past, Bright Future” will be used to help us look forward to 2021!

The awards banquet was held on the Creole Queen, a first for KE. This was followed by a deluge rainfall and a run back to the hotel. (Never received a Emergency alert on my phone for Flash Flood Warning). But a great time was had in NOLA.

So was someone from your chapter at NOLA? How about an award winner?

The 75th anniversary book highlights all the conventions up to 1996. The new 100th anniversary book will highlight all the conventions up to 2019. Plan on attending the 2021 convention and setting your own memories of KE and its conventions. If you need any info for your recruiting this fall, please call the VP Alum, who can refer an alum to you who can help with highlights about conventions and your chapter's involvement.



CALL FOR 2021–2022 GRAND COUNCIL NOMINATIONS



Are you interested in expanding your leadership skills? Are you ready to give back to Kappa Epsilon? Do you want to redevelop and reconnect the bonds you have made in Kappa Epsilon? These are all great reasons to consider a position for Grand Council.

Grand Council consists of nine officers including President, President-Elect, Immediate Past President, Vice President Alumni Development, Vice President Collegiate Development, Vice President Communications, Vice President Financial Development, Vice President Membership Recruitment, and Secretary.

Alumni members who have completed a pharmacy degree program or a professional member who is in good standing with the fraternity are eligible for any of the Grand Council positions with the following exceptions:

- a. A candidate interested in the President-Elect position must have previously served a term on Grand Council.
- b. A candidate interested in Vice President of Membership Recruitment will be a collegiate or an alumnus member who will graduate prior to the next convention.

All interested candidates are welcome to apply for a Grand Council position on the KE national website no later than February 1, 2021. The nomination committee will review all applications and announce the slate by April 15, 2021. The Vice President of Membership Recruitment is not a slated position, interested candidates are welcome to run from the floor at the national convention in Bethesda, MD.

If candidates have questions about the process or anything related to grand council positions please e-mail the chair of the nominations committee and immediate past president, Sal Bottiglieri at: kepastpresident@gmail.com.

SPRING 2021 BOND CHAPTER ASSIGNMENTS

Mu
Alpha Xi
Beta Omicron

Pi
Alpha Rho
Beta Rho

Upsilon
Beta Alpha
Beta Tau

Alpha Gamma
Beta Zeta

Your article should include some topics such as:

- Recaps of chapter's events during the biennium
 - Highlights of chapter leaders
 - Rho Chi
 - Phi Lambda Sigma
 - Special Rotations and Internships
 - Awards
- Promotions of alumni engagement

Articles and photos are due **December 15, 2020** on kappaepsilon.org. Submissions should be in a Word document, and each photo should have a caption. If you have any questions, please contact **Nikkina Hankins, VP Communications**, via email at kevpcommunication@gmail.com.

Awards & Scholarships

Nominate your colleagues
for these prestigious awards.

KE/MERCK VANGUARD LEADERSHIP AWARD

Awarded to an exemplary alumni who has contributed both professionally and within their community. Nominations due October 15th annually.

CAREER ACHIEVEMENT AWARD

Active alumnus member noted for their professional accomplishments. Nominations due October 15th annually.

LINDA RODGERS MEMORIAL AWARD

Honors a KE member who exemplifies Linda's characteristics of leadership, dedication, diplomacy, friendship, and inspiration to others. \$200 award. Nominations due May 15th in odd years (Alumni)
Nominations due May 15th in even years (Collegiate)

ZADA COOPER SCHOLARSHIPS

Recognizes superior achievement and is presented annually to active collegiate members. \$750 scholarship award. Applications due November 15th annually.

KE/AFPE NELLIE WAKEMAN FELLOWSHIP

Monetary award used to encourage members to pursue an advanced degree in a college of pharmacy graduate program. \$7500 award. Applications due February 1st annually.

FOUNDATION GRANTS

Provides members and chapters with incentive money for innovative educational projects in the profession of pharmacy. May apply anytime!

GIVE OR DONATE TO KAPPA EPSILON

In a continuing effort to provide financial stability and perpetual support for Kappa Epsilon Fraternity and the Kappa Epsilon Foundation, please consider making a donation to one or both of these entities. **Let us speak with one voice, in strategy and purpose, and share our resources to promote the future of Kappa Epsilon.**

MY GIFT TO THE FRATERNITY IS \$ _____

MY GIFT TO THE FOUNDATION IS \$ _____

Gifts to the Foundation are tax-deductible.

Please make checks payable to: Kappa Epsilon Fraternity and/or Kappa Epsilon Foundation. Or, pay by credit card.

MASTERCARD/VISA #: _____ EXP: _____

NAME: _____

STREET, CITY, STATE, ZIP: _____

Send form to: Kappa Epsilon, 121 W State Street Geneva IL 60134

You may also give or donate at www.kappaepsilon.org

CONNECT WITH KAPPA EPSILON



kappaepsilon.org

If you are interested in submitting articles and photos for an upcoming issue of The BOND, please contact Nikkina Hankins, VP Communications, via email at kevpcommunication@gmail.com.



On **FACEBOOK**

On Facebook [Kappa Epsilon Fraternity, Inc](#)



On **TWITTER**

On Twitter [@KEGrandCouncil](#)



On **INSTAGRAM**

On Instagram [@kappaepsilon1921](#)



ON **LINKEDIN**

On LinkedIn: [Kappa Epsilon Professional Pharmacy Fraternity](#)



On **EMAIL**

On Email: KE@affinity-strategies.com



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